



Education
Public Schools

Lake Illawarra South Public School

Newsletter

Term 1 Week 8: Monday 17 MARCH 2025

CALENDAR

MAR

- 17 Assembly 1:45pm
- 18 NAPLAN – Language Conventions
(Yrs 3 & 5)
- 19 NAPLAN – Numeracy (Yrs 3 & 5)
- 20 National Storytelling Day
- 20 AECG Meeting – Warilla HS
- 21 International Day of Mathematics
- 21 Ride2School Day
- 24 Assembly 1:45pm
- 25 Dental Van visit commences
- 25 Kinder 2026 Expo @ LIHS
- 26 StEPS Vision Screening – Kinder
- 31 Assembly 1:45pm
- 31 LIHS Year 7 2026 Advisor visit

We are also looking forward to our Easter activities and our Foam Food Fight later in the term.

The Lake Learning Community of Schools is holding a Kindergarten 2026 Expo at Lake Illawarra High School on **Tuesday 24th March** 4:00pm – 6:00pm. It is an opportunity to find out more about local public schools and the service provided by the NSW Department of Education and local agencies. Please pass on this information to any family who is enrolling in Kinder for Lake Illawarra South, Mt Warrigal, Primbee, Warilla North or Windang Public Schools.

Karen Simula
Principal

CONTACT

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DHARAWAL COUNTRY

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PRINCIPAL'S MESSAGE

We are well into the second half of Term 1. I'm not sure where the time has gone. There are plenty of activities happening around the school before the end of this term. This week is particularly busy with National Storytelling Day, International Maths Day, Ride2School Day and our little secret project.

DISTRICT SWIMMING CARNIVAL

Congratulations to the students who represented Lake Illawarra South Public School at the Regional Swimming Carnival. Jacob, Lukas, Kobi and Marlie were outstanding ambassadors for our school.

Marlie competed in the 10 year girls 50 metre freestyle and placed 15th.

Kobi competed in the 10 year boys events. He placed 4th in the 50m backstroke, 5th in the 50m freestyle and 6th in the 50m butterfly.

Lukas performed extremely well at the carnival, alongside Jacob. Lukas was named as 11 year boys age champion.

He placed 6th in 100m Freestyle, 1st in 50m breaststroke, 2nd in 50m backstroke, 2nd in 50m freestyle, 1st in 50m butterfly. Lukas will represent

Lake Illawarra South and the South Coast Region at the State Championships later this term.

Jacob competed in the 12/13 year boys age group and placed 3rd in the 100m freestyle, 2nd 50m breaststroke, 2nd in the 50m backstroke, 3rd in the Individual medley, 1st in the 50m freestyle and 5th in 50m butterfly.

SPORTS NEWS

Jacob M has earned a place in the South Coast Rugby League team. He will be competing alongside his teammates next month.

NSW HEALTH DENTAL PROGRAM

Lake Illawarra South Public School is very excited to be working with NSW Health to offer **FREE** dental check-ups and preventative care to all students as part of a mobile dental program.

The program is scheduled to visit our school from 26th March to 2nd April.

A parent information and consent pack has been sent home with students and includes information sheets, consent forms and the program privacy statement.



SCHOOL PHOTOS

School photos were taken last Friday. Please direct any queries or additional photo orders to MSP Photography on 4261 3009 or via their website <https://www.msp.com.au>

NAPLAN

Students in Years 3 and 5 are currently in the midst of completing their NAPLAN assessments.

You can support your child by reminding them to simply do their best. You can also encourage:

- a healthy diet

- drinking lots of water
- getting enough sleep
- exercise and relaxation time

These, along with arriving at school on time ready to sit the test, will help prepare our students to bring their best on the day.

THIRD PARTY SOFTWARE

Please ensure third-party software provider notes are returned to school as soon as possible. Please do not hesitate to contact your child's classroom teacher if you have any questions regarding the providers used at Lake Illawarra South Public School.

AECG MEETING

The next AECG General Meeting will be held at Warilla High Schol on Thursday 20th March commencing at 4pm. All are welcome.

SPECIAL RELIGIOUS EDUCATION

Parents and carers are able to change their child's SRE option at any time throughout the year. Please be aware that a request to change a student's current SRE option must be made in writing.

INTERNATIONAL MATHEMATICS DAY

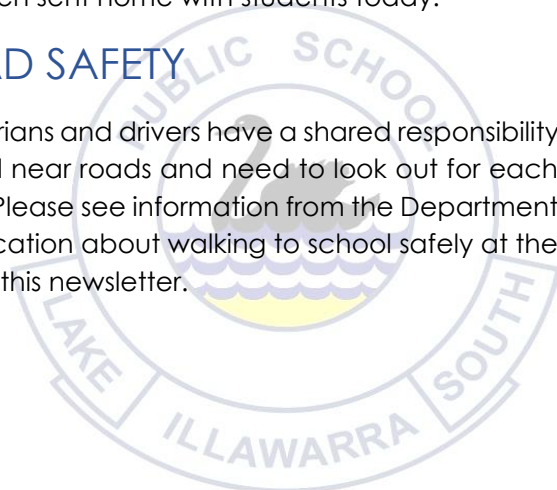
This Friday, Lake Illawarra South is celebrating International Maths Day. This day is traditionally held on 14th March and is often referred to as Pi Day. Thank you to Mrs Trotter who has planned activities for the students to complete this Friday.

RIDE2SCHOOL DAY

Lake Illawarra South PS will hold Ride2School Day on Friday 21st March. Information about this event has been sent home with students today.

ROAD SAFETY

Pedestrians and drivers have a shared responsibility on and near roads and need to look out for each other. Please see information from the Department of Education about walking to school safely at the end of this newsletter.



FOODBANK FOAM FOOD FIGHT

Lake Illawarra South is very grateful to Foodbank NSW for their support of our Breakfast Club. Foodbank provides all the cereal, spreads, milk and packaged snacks at no cost to the school.

The Foam Food Fight is a small way that Lake South can support Foodbank to continue their amazing work with our school and others across New South Wales.

The Foodbank Foam Fight is scheduled for Friday 4th April. Information regarding fundraising for this very worthy cause has been sent home with students.

EASTER HAT PARADE

Our annual Easter Hat Parade is planned for Friday 11th April. Students will be making an Easter hat at school. You may like to start collecting supplies for this activity. Further details of this event will be sent home shortly.

CANTEEN

This term, Kelley's Place is opening three days per week. The canteen is open from Wednesday to Friday each week. Orders can be placed online using the school24 app. A copy of the 2025 menu is attached to the end of this newsletter.

BREAKFAST CLUB

Breakfast Club is held in the library each morning from 8:10am. There is no cost involved for students participating in Breakfast Club. Our breakfast program is supported by FoodBank Australia and Bakers' Delight.

FACEBOOK

Lake Illawarra South Public School's official Facebook page can be accessed using the following link:

<https://www.facebook.com/LakellawarraSouthPS?mibextid=LQQJ4d>

ATTENDANCE

Attending school every day matters. Lake Illawarra South aims for all students to have a 95% or above average attendance rate. Missing a day here or there may not seem like much but absences add up and can impact your child's learning more than you think. When your child

misses one day a week over a year, that equates to 40 days of school – 8 weeks of lessons and 2.5 years over their school life lost.

Last fortnight there were 128 students with 100% attendance.

This is the student attendance data for the last fortnight broken down into year groups:

Kinder: 95%

Year 1: 96%

Year 2: 95%

Year 3: 94%

Year 4: 96%

Year 5: 93%

Year 6: 88%

Congratulations to Kinder to Year 4 students who have increased their attendance rate from the previous fortnight.

POSITIVE BEHAVIOUR FOR LEARNING

The focus for this week is *Responsibility – Follow Instructions*. It is important for students to follow instructions so they can function effectively across different environments. Following instructions also ensures they can complete tasks effectively. Some teacher instructions also ensure students remain safe.

The focus for next week is *Respect – Be a good friend*. Building friendships and positive relationships are important social skills for students. Friendships are often the first relationships young people have outside their core family unit. There are a number of things that make a person a good friend such as remembering important events like birthdays or special memories, spending time with each other, helping out when you have a problem and cheering you up when you are sad. Good friends are trustworthy and are someone who you can rely on.

CHAPLAIN NEWS

Our chaplain, Mrs Kahlia Devall, is on site each Wednesday and Friday to support students and their families with their wellbeing. If you would like your child to connect with Miss Kahlia, please contact your child's class teacher.

UNIFORMS

School uniforms are available from the front office. Please contact Ms Mayo to place your order.

School uniforms are able to be purchased by cash payment or EFTPOS facilities at the school office. Uniforms are not able to be purchased online.

Top 5 online safety tips for kids

1

Set up your device to protect your information.

2

Explore safely and tell an adult if you see anything online that makes you feel yuck.

3

Limit who can contact you when you're playing games.

4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

5

Ask for help if anything online is bothering you.



Walking to school safely

Never too old to be safe

Pedestrians and drivers have a shared responsibility on and near roads and need to look after each other.

Staying safe while out walking:

- plan your walking routes
- avoid busy roads, if possible
- choose the safest place to cross
- walk the extra distance to use a pedestrian crossing, traffic island, pedestrian lights or overhead bridge, if available
- walk on the far right hand side of the road facing oncoming traffic, when there is no footpath.

Before you cross the road:

- unplug your earphones and put away your phone
- avoid crossing between parked cars or at the front or back of buses and large vehicles
- at intersections, check for turning vehicles before you leave the kerb
- look out before you step out.

Using pedestrian crossings

- stop at the kerb until cars have completely stopped, as drivers don't always see you
- try and make eye contact with the driver before you cross, so you know they have seen you
- wait for the walk signal
- don't enter the road if the red 'Don't walk' signal shows
- when safe, promptly walk across the road, continually scanning and listening for oncoming traffic.

Walking with friends

Help keep yourself and your friends safe by:

- focusing on your surroundings
- acting safely on and near roads.

More information

<http://bit.ly/2GEYH6F>

education.nsw.gov.au




NSW
GOVERNMENT



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops


saverplus

1300 610 355 saverplus.org.au

NSW TSE B13 25





Parent Line NSW

Parent Line counsellors are available to help with any of your parenting issues.

Parent Line is a telephone counselling, information and referral service for parents of children aged 0 to 19 years who live in New South Wales. We can also provide support and information for professionals working with families.

Our counsellors can help with problems relating to young babies and children:

- Settling and feeding newborns and babies
- Toddler taming
- Managing child care and school transitions
- Support during family separation
- Managing stress and anxiety

Through to issues relating to teenagers:

- Teen mental health
- School and study issues
- Managing technology use
- Alcohol and drug use
- Strategies to build positive relationships

Help when you need it.

**Monday - Friday, 9am - 9pm
Saturday - Sunday, 4pm - 9pm**

 **Parent Line NSW**
1300 1300 52
Parentline.org.au



LAKE ILLAWARRA SOUTH PUBLIC SCHOOL - CANTEEN MENU 2025 - Canteen will be open 3 Days (WED – FRI) for Recess & Lunch

SANDWICHES, WRAPS & SALADS - lunch only	HOT FOOD	DRINKS (Breakfast, recess & lunch)		MILK COMBOS
	Homemade Pizza			Pizza Combo \$6.80
Vegemite (V) \$2.20	Cheese (V) \$4.50	Water 600 ml \$2.50		Pizza – choose flavour (50c for BBQ meatlovers) + Milk (choose flavour)
Cheese (V) \$2.60	Ham & cheese \$4.50	Popper 200 ml apple/blackcurrant \$2.50		
	Hawaiian \$4.50			Pasta Combo \$7.30
Salad (V) \$4.70	BBQ Meat Lovers \$5.00 Gluten free base extra \$1	Milk 300 ml Chocolate/Strawberry \$2.50		Pasta Bolognese + Milk (choose flavour)
Ham or chicken \$3.60	Chicken Fingers			
Chicken, lettuce, mayo \$4.20	3 pack \$3.00	BITES		Wrap Combo \$7.50
Ham, cheese \$4.00	5 pack \$5.00	Carrot Sticks 50c		Chicken, lettuce, mayo wrap Fruit Milk – choose flavour
Ham or chicken salad \$5.50 <small>Salad consists of lettuce, tomato, cheese, beetroot, carrot & cucumber.</small>	Homemade Pasta Bolognese \$5.00	Milk Pots (3 max) 50c TNT \$2.00 Quelch Ice Blocks \$1.00		
Wraps are extra 80c	Homemade Chicken Burrito \$5.00	Frozen pineapple pops \$1.00		
GF bread available extra \$1.00	Homemade Beef Burger (Cheese & t/s) \$6.00	Custard Tub \$1.50		
	Chicken Burger (lettuce & mayo) \$6.00	Jumpy's \$1.50		
SALAD TUBS (GF)	Deluxe Chicken Burger (salad) \$6.50	Cheese & Crackers \$1.50		PICNIC BOXES (GFO)
Salad (V) \$5.50	Corn Cup (V) \$1.50	Rice Crackers – sour cream & chives \$1.50		Cheese, crackers, veggies, dip, fruit (V) \$3.50
Ham or chicken salad \$6.00	Homemade Garlic Bread \$2.20	Homemade Apple Muffins (GF) \$2.00		Add ham to above box \$4.50
		Homemade Banana Muffins \$1.50		
		Juicies - lemonade \$2.00		
RECESS PACKS	JAFFLES (Gluten free bread \$1 extra)	EXTRAS		BIRTHDAY TREATS
Banana, muffin & carrot sticks (V) \$1.80	Spaghetti \$4.00			Ice Blocks \$1.00 each Banana Muffins \$1.50 each Birthday Treats are an alternative for cakes. They can be ordered for the whole class through school24 with 2 days notice required. Treats to be picked up by students at lunch bell
Banana, muffin & fruit (V) \$2.30	Cheese (V) \$2.60	Tomato Sauce 30c		
Rice cracker, fruit & popper (GF, V) \$4.80	Ham & Cheese \$4.00			
	Cheesy Bolognese \$4.00	Forks/spoons (for items not purchased at canteen) 10c		
The menu is updated daily. Check our whiteboard for daily treats. Keep up to date on our specials & news via Facebook – Kelley's Place Lake South	Online Ordering is preferred Please login to www.school24.net.au or install the School24 mobile app Ordering closes at 9am daily School ID #25465963			A feedback letterbox will be placed near the canteen for the children & community to suggest any foods they would like sold, for any competitions they would like and for any feedback.



Lake Illawarra High School is hosting a Kindergarten Expo on behalf of its feeder primary schools

Lake Illawarra South Public School
Mount Warrigal Public School
Primbee Public School
Warilla North Public School
Windang Public School

Tuesday 25th March 2025
4:00pm – 6:00pm

Lake Illawarra High School

*Drop in at any time during the Expo to find out more about
your local public school and the services provided by the
NSW Department of Education and local agencies to
support your child at school.*

Lake Learning Community of Schools

| Lake Illawarra South PS | Mount Warrigal PS | Primbee PS | Warilla North PS | Windang PS |

| Lake Illawarra High School |



School Finder

ILLAWARRA SPORTS HIGH SCHOOL

TALENTED SPORTS & DEVELOPMENT PROGRAM

YEAR 6 TRIALS

Wednesday April 9th
9.00am to 12.00pm

Register online through school website or Facebook.

Call the front office if you have any queries.

All details of trials will be emailed to you once registered.

***Basketball, Cricket, Football, Hockey, Rugby League,
Surfing, Touch & Tag.***

GORILLAS

**ARE LOOKING FEW EXTRA PLAYERS
TO FILL SIDES IN OUR TACKLE &
GIRL TAG/TACKLE**

THE FOLLOWING TEAMS ARE NOW FULL

U11

U14

U15

REGISTRATIONS

NOW OPEN SO

REGISTER NOW

