

Lake Illawarra South Public School

Newsletter

Term 1 Week 8: Monday 18 MARCH 2024

CALENDAR

MARCH

- **18** Harmony Day Assembly @ 1:45pm
- **19** NAPLAN Language Conventions Yrs 3 & 5

Hot Cross Bun Orders due K-2 AFL Session

- 20 NAPLAN Numeracy Yrs 3 & 5
- 21 AECG Meeting (Kiama High)
- 22 School Photos Easter Scripture Assembly
- **25** LIHS 2025 Yr 7 Advisor Visit (Yr 6) Easter Colouring Entries due
- **26** GRIP Leadership Conference Eggs-hibition entries due Easter raffle tickets due
- 27 Solar Car Challenge (St 3)
- 28 Easter Hat Parade
- 29 Good Friday Public Holiday

APRIL

01 Easter Monday Public Holiday

CONTACT

Lake Illawarra South Public School

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PRINCIPAL'S MESSAGE

I met with Karen Brown (Director Educational Leadership – Lake Illawarra South Network) last week and I was the proudest principal in New South Wales. The DEL and I reviewed our school's Improvement Measures in the school's Strategic Improvement Plan for Strategic Direction One – Student Growth and Attainment. The Department of Education released the Check-in Assessment state average improvement scaled scores for as follows:

- Years 3 and 5 Reading: 0.86%
- Years 3 and 5 Numeracy: 1.58%

Lake Illawarra South Public School's improvement scaled scores are as follows:

- Years 3 and 5 Reading: 10.7%
- Years 3 and 5 Numeracy: 11.32%

These results are the highest in the network and I am extremely proud of the work our students and staff are doing in the areas of literacy and numeracy. An amazing effort by all!

It is also worthy to note that Lake Illawarra High School, our main local feeder high school, also had some excellent results.

State Average Improvement Reading: 1.94% LIHS Improvement Reading: 8.5% State Average Improvement Numeracy: 1.33% LIHS Improvement Numeracy: 9.1%

As you walked through the front of the school this morning, you may have noticed the work that was completed over the weekend to tidy up around the school. The bike track has been pressurewashed, footpaths edged, the western neighbouring fence line has been trimmed, large dead branches removed and various garden beds weeded. Thankfully the rain stayed away just long enough. A big thank you to the families who were able to help out on Saturday at the Working Bee. Your assistance and time are greatly appreciated. A big thank you, too, to the staff and their families who helped out throughout the day.

There are many events scheduled before the end of term, please keep an eye out for notes and information regarding these special events.

Karen Simula **Principal**

SCHOOL BYTES

We are excited to announce our school has now transitioned to the School Bytes administration and finance system. Information about downloading the School Bytes app is attached to the end of this newsletter.

The School Bytes portal provides flexibility for you to conveniently:

- Make school payments online (including paying for multiple siblings at once)
- Use a family credit to pay for an activity or school contributions
- Download a receipt for payments made
- View all historical payments in one place
- Request a refund if required

This can be done where you want at any time: day or night. Through the portal, you will easily be able to download a receipt once a payment has been made and have access to view all historical payments when needed. Online payments are processed in real-time and can be viewed by school staff immediately. While our preference is for payments to be made via the portal, we will still accept payment via cash and EFTPOS.

Please be aware that the school is not using School Bytes for attendance. Absence SMS messages will be sent from our attendance software Sentral.

We are hoping to move to digital notes once we are more familiar with the new systems.

YEAR 6 EOI for 2025

All year 6 students should have now received their paper copies and information on Moving into Year 7 in 2025.

If you wish to access these forms online, please go to the Lake Illawarra South Public School webpage at: lakeillaws-p.schools.nsw.gov.au

select enrolments and scroll down to "Moving to High School".

The link will take you to the Expression of Interest page. The Expression of Interest forms must be filled out online by 10th April 2024.

If you prefer to complete the paper form, it will need to be returned to the office no later than 28th March 2024.

REGIONAL SWIMMING CARNIVAL

Congratulations to our swimmers, Marlie, Lukas, Kobi, Bailey and Storm who represented Mid South District and our school at the Regional swimming carnival on12th March. Well done to all students involved and thank you to parents and families who transported our students on the day.

Congratulations to Lukas and Storm who will compete at the NSW PSSA State Swimming Championships at the end of term. We wish you both the very best.

DRAGONS' ASSEMBLY

Last Monday, Lake South had a visit from two Illawarra Dragons representatives. Keeley plays for the NRLW team and Blake is in the development squad. Keeley and Blake talked to students about how they can be the best they can be at school, on the sports field and in their everyday life. After the presentation, Keeley and Blake led some whole school games on the Eastern playground where classes competed against each other. Everyone had a great time.

INTERNATIONAL MATHEMATICS DAY

Lake Illawarra South celebrated International Mathematics Day also known as Pi Day on 14th March. It was wonderful to see so many parents attend the afternoon session to play and learn about the maths games students use on a daily basis to deepen their knowledge, skills and understanding of mathematical concepts.

1/LAWARRA 50

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PLP BREAKFAST

Thank you to those Aboriginal and Torres Strait Islander families who were able to connect with staff at the PLP Breakfast to discuss their child's goals for 2024. Staff will make contact with those who were unable to attend.

HARMONY DAY

Today the school was swathed in orange to acknowledge and celebrate Harmony Week. Students participated in a range of classroom activities to learn about different cultures within Australian society. Harmony Week is a time to celebrate Australian multiculturalism. Australia is one of the most successful multicultural countries in the world and we should celebrate this and work to maintain it. The message of harmony Week is Everyone Belongs. It is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.



SCHOOL PHOTOS

School photos are scheduled for this Friday (22nd March). An email was sent directly by MSP Photography to each family on 1st March regarding photo orders. Please check your junk or spam folder in case you missed it. If you have not received an email, please contact MSP directly on 4261 3009.

NAPLAN

Students in Years 3 and 5 will undertake the NAPLAN assessments in Language Conventions on Tuesday 19th March and Numeracy on 20th March.

EASTER HAT PARADE

The Easter Bunny is headed to Lake South very soon. Our Easter Hat Parade will be held under the COLA from 12:30pm on Thursday 28th March. Students are creating their Easter hats in class this week. We are looking forward to seeing their creations at the parade. Younger siblings of preschool age are able to participate in the parade alongside their older siblings if they wish. Parents and carers are invited to attend this event and stay for a picnic lunch. Families are able to order a meal deal through the canteen. Please be aware sandwiches are the only option available outside of the Meal Deal on this day. A Meal Deal order form is attached to the end of this newsletter.

P&C EASTER RAFFLE

Donations for this year's P&C Easter Raffle will be accepted until Tuesday 26th March. Raffle tickets and money should be returned to the front office by Tuesday 26th March. The raffle will be drawn at the conclusion of the Easter Hat Parade on 28th March.

P&C HOT CROSS BUN DRIVE

Hot Cross Bun orders are due to school no later than Tuesday 19th March (tomorrow). A huge thank you to Bakers' Delight at Warilla Grove for supporting our school. An order form has been attached to the end of this newsletter in case you missed it.

SLSO PRACTICUM

A number of TAFE students are completing their practical experience component of their course to become School Learning Support Officers. They will be working in all classrooms over the coming weeks.

SOLAR CAR CHALLENGE

To celebrate the installation of solar panels on the school hall, Stage 3 students are undertaking a solar car challenge on Wednesday 27th March. Chris Home, Shellharbour City Mayor will be coming along to join in our fun.

LEAGUE LEGENDS SESSIONS

Unfortunately, the school was not able to proceed with the after-school League sessions as student numbers were too low. We are hoping to schedule these sessions at a later date in the year.

RIDE2SCHOOL DAY

Lake Illawarra South PS will hold Ride2School Day on Friday 5th April as school photos fall on the national Ride2School Day.

/LAWARRA

FAMILY STEM NIGHT

We are hosting our first Family STEM Night early in Term 2 and are looking to collect recyclable materials for the event. Please send any of the following items to school:

- Large and medium-sized cardboard boxes
- Ice cream and margarine containers
- Newspapers
- Milk and juice cartons
- Water bottles
- Lids
- Cardboard tubes (not toilet rolls)
- Straws

THIRD PARTY SOFTWARE

Information regarding third party software use was sent home with students recently. Please return the completed note to school as soon as possible. If you have any questions regarding the use of third party providers, please speak with your child's classroom teacher.

PREMIER'S READING CHALLENGE

The NSW Premier's Reading Challenge began on Monday 26th February. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. All students in K-6 at Lake South will participate in 2024. Students in 3-6 will add to their personal online reading log during library lessons and students in K-2 will have their reading logs completed online by Miss Koerner with texts read at school.

AUDIRI

Please ensure you have installed and updated the Audiri app to receive notifications from the school.

ATTENDANCE

We want to do all we can to be sure your child achieves their potential and enjoys being in school. We know that school is the best place to learn. By attending school every day, your child will get the most out of their learning and improve their career and life options. When your child is absent, it is important to let the school know the reason why. This helps us to offer support for you and your family if needed. If you are having trouble getting your child to school every day or on time, please speak with staff so we can work together because every day matters.

This is the student attendance data for the last fortnight broken down into year groups:

Kinder: 91%						
Yr 1: 82%						
Yr 2: 91%						
Yr 3: 88%						
Yr 4: 94%						
Yr 5: 90%						
Yr 6: 90%						

The highest attendance rate for the last two weeks is by Year 2 girls at 98%.

BREAKFAST CLUB

Breakfast Club is held in the library each morning from 8:10am. All students are welcome to attend. Our Breakfast Club is supported by Foodbank Australia.

NUT AWARE SCHOOL

Lake Illawarra South is a Nut Aware School. We would like to remind our community that we have students with severe allergies. To support these students, we ask that families do not send sandwiches with peanut/nut spreads, such as Nutella and peanut butter. Please also do not send loose nuts or nut bars. Thank you for your cooperation.

CRICKET CLINIC

Cricket NSW is hosting a skills clinic in the upcoming school holiday period. Further information will be sent home as it comes to hand.

BODY BRIGHT

Students in Years 3 to 6 are continuing to work through the Body Bright modules with Miss Heidi and their classroom teachers. Please see the end of this newsletter for information on the third theme *Inclusive* and fourth theme *Grateful* from the program.

POSITIVE BEHAVIOUR FOR LEARNING

The focus for this week is *Responsibility – Follow Instructions*. It is important for students to follow instructions so they can function effectively across different environments. Following instructions also ensures they can complete tasks effectively. Some teacher instructions also ensure students remain safe.

The focus for next week is Respect - Be a good friend. Building friendships and positive relationships are important social skills for students. Friendships are often the first relationships young people have outside their core family unit. There are a number of things that make a person a good friend such as remembering important events like birthdays or special memories, spending time with each other, helping out when you have a problem and cheering you up when you are sad. Good friends are trustworthy and are someone who you can rely on.

AECG MEETING

The next AECG General Meeting will be held at Kiama High School on Thursday 21st March from 4:00pm. All are welcome.

CHAPLAIN NEWS

Our chaplain, Mrs Promissich, is on site each Monday and Tuesday to support students and their families with their wellbeing. If you would like your child to connect with Miss Heidi, please contact your child's class teacher.

UNIFORMS

School uniforms are available from the front office. Please contact Ms Gaby to place your order.

School uniforms are able to be purchased by cash payment or EFTPOS facilities in person. Uniforms are not able to be purchased online.









Lunchtime Clubs @ LISPS

	Monday	Tuesday	Wednesday	Thursday
Lunch 1	Art Club with Mrs Gibson Dean in Mrs GD's classroom	3-6 Bike Track with Mrs Castelli	3-6 Dance with Miss O'Keefe and Mrs Gibson Dean in the COLA	Library with Miss KoernerGarden with Mr Bruce
Lunch 2	Lego Club with Aunty Anna in 3/4L classroom	K-2 Dance with Miss O'Keefe and Mrs Aleckson in the Hall	K-2 Playground Equipment with Mrs Bowden	Garden with Mrs Aleckson





Parent App Available now!

Download on the App Store or Google Play by clicking the image below.



Key Features

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news



Raise some DOUGH and FUNDRAISE WITH US!

HELP US RAISE SOME DOUGH WITH DELICIOUS HOT CROSS BUNS!

First Name			Last Name	Phone Number
Group (i.e. Class/Tea	ım)			
Please enter the r Traditiona Hot Cross I 6-Pack	I	ot Cross Bun	6-Packs you are ordering below: Apple & Cinnamon Hot Cross Bun 6-Pack	Choc Chip Hot Cross Bun 6-Pack
ayment				
Number of 6-packs	X \$9.00	=	Total Payment	
Б-packs				



LAKE ILLAWARRA SOUTH PUBLIC SCHOOL - CANTEEN MENU 2024

Canteen will be open 5 Days for Recess & Lunch

SANDWICHES, WRAPS & SALADS - lunch only		HOT FOOD		DRINKS (Breakfast, recess & lunch)		MILK COMBOS	
Vegemite (V)	\$2.20	Cheese (V)	\$4.50	Water 600 ml	\$2.50	Pizza – choose flavour (50c for BBQ meatlovers) + Milk (choose flavour))	
Cheese (V)	\$2.60	Ham & cheese	\$4.50	Popper 200 ml apple/blackcurrant	\$2.20		
		Hawaiin	\$4.50			Pasta Combo	\$7.00
Salad (V)	\$4.70	BBQ Meat Lovers	\$5.00	Milk 300 ml Chocolate/Strawberry	\$2.50	Pasta Bolognese OR Mac & Cheese + Milk (choose flavour)	
Ham or chicken	\$3.60	Chicken Fingers					
Chicken, lettuce, mayo	\$4.20	3 pack	\$3.00	BITES		Wrap Combo	\$7.50
Ham, cheese	\$4.00	5 pack	\$5.00	Carrot Sticks	50c	Chicken, lettuce, mayo wrap	
Ham or chicken salad	\$5.50	Homemade Pasta Bolognese	\$5.00	Milk Pots (3 max)	50c	Fruit	
Salad consists of lettuce, tomato, cheese, beetroot, carrot & cucumber.				TNT Blue Raspberry	\$2.00	Milk – choose flavour	
Wraps are extra	80c	Homemade Mac & Cheese (V)	\$5.00	Frozen pineapple pops	\$1.00		
GF bread available extra	\$1.00	Homemade Chicken Burrito	\$5.00	Seasonal fruit	\$1.00		
		Chicken Burger (lettuce & mayo)	\$6.00	Quelch Ice Block – 5 flavours	\$1.00		
SALAD TUBS (GF)		Deluxe Chicken Burger (salad)	\$6.50	Cheese & Crackers	\$1.20	PICNIC BOXES	
Salad (V)	\$5.50	Corn Cup (V)	\$1.50	Custard Tub	\$1.20	Cheese, crackers, veggie sticks, dip, fruit (V)	\$3.50
Ham or chicken salad	\$6.00	Homemade Garlic Bread	\$2.20	Homemade Banana Muffins	\$1.20	Add ham to above box	\$4.50
				Juicies – lemonade	\$2.00		
				Rice Crackers – sour cream & chives	\$1.50		
RECESS PACKS		JAFFLES		EXTRAS		BIRTHDAY TREATS	
		(Gluten free bread \$1 extra)					
Muffin & carrot sticks (V)	\$1.60	Baked Beans	\$4.00				
Muffin & fruit (V)	\$2.00	Cheese (V)	\$2.60	Tomato Sauce	30c	Ice Blocks \$1.0	00 each
Rice cracker, fruit & popper	\$4.60	Ham & Cheese	\$4.50			Muffins \$1.2	20 each
(GF, V)		Apple Pie (V)	\$3.00	Forks/spoons (for items not purchased	10c	Birthday Treats are an alternative for o	
Homemade slice & flavoured	\$3.00	Banana Pie (V)	\$3.00	at canteen)		They can be ordered for the whole cla through school24 with 2 days notice r	
milk						Treats to be picked up by students at l	
The menu is updated daily. Check our whiteboard for daily treats.		Online Ordering is preferred Please login to <u>www.school24.net.au</u> or install the School24 mobile app			A feedback letterbox will be placed near the canteen for the children &		
							Keep up to date on our specials & news
via		School ID #25465963			would like sold, for any competitions they		
Facebook – Kelley's Place Lake South						would like and for any feedb	ack.



Butterfly Body Bright has 6 themes. Each theme targets an important factor that contributes to the development of children's body image. The third theme is INCLUSIVE of all bodies.

Attitudes and beliefs about body shape, weight and appearance develop early. When these attitudes and beliefs are stereotypical or negative, it can reinforce weight stigma. Studies have shown that weight stigma in children can present as positive attitudes towards people with thinner bodies (e.g., that they are kind and clever) and negative attitudes towards people with larger bodies (e.g., that they are mean or have no friends). Such attitudes have been linked to body dissatisfaction and appearance-related teasing in children.

Butterfly Body Bright helps children to be INCLUSIVE of all bodies and know that bodies looking and functioning differently is something to celebrate - so that everyone feels like they belong in the world and our school community.

For more information on how to help your child to be INCLUSIVE of all bodies check out the INCLUSIVE tip sheet at <u>www.butterflybodybright.org.au/resources</u> For more information about the program visit <u>www.butterflybodybright.org.au</u>

Butterfly Body Bright

What can you do at home?

Encourage your child to see all bodies as valuable and deserving of respect, no matter their shape, size or any aspect of appearance. Remind your child that bodies grow, develop and change and that this is natural, necessary and OK, and that healthy and good bodies come in all different shapes and sizes.

> Butterfly Body Bright is a program <u>of</u>





Butterfly Body Bright has 6 themes. Each theme targets an important factor that contributes to the development of children's body image. The fourth theme is GRATEFUL for their bodies.

Promoting body confidence, acceptance and appreciation from childhood can help to set up a positive lifelong relationship with the body, with the hope to reduce or avoid significant body dissatisfaction, disordered eating, and clinical eating disorders in life.

Butterfly Body Bright helps children to be GRATEFUL for their body, focusing on the things it can do and appreciating themselves for their inner qualities and strengths so that they can see their worth and value, beyond their body shape and appearance.

For more information on how to help your child to be GRATEFUL for their body checkout the GRATEFUL tip sheet at <u>www.butterflybodybright.org.au/resources</u> For more information about the program visit <u>www.butterflybodybright.org.au</u>

Butterfly Body Bright

What can you do at home?

Encourage your child to show self-compassion and kindness to themselves and their bodies as they grow and develop. Celebrate who they are and all the amazing things their (and your) body can do.

> Butterfly Body Bright is a program of





APRILSCHOOL HOLIDAY ACTIVITIES NINJA CAMPS \$50 9AM-3PM

GYM FUN CAMP \$55 8AM-5:30PM



PRE-SCHOOL \$25 9:30AM - 12PM



HOLIDAY PROGRAMS

MON 15TH APR - FRI 26TH APR

CLOSED ON THU 25TH APRIL

BOOK ONLINE www.gravitygym.com.au admin@gravitygym.com.au



APRIL 2024 VACATION CARE PROGRAM WARILLA

6:30AM - 6:00PM **CCS APPLIES TO FEES**

Monday 15th April Tuesday 16th April		Wedne <mark>sda</mark> y 17th April	Thursday 18th April	Friday 19th April	
RIDING THE WAVE CAMP PEAK		KARAO <mark>KE</mark> KAHOOTZ	MOVIE TIME	TEE-RIFFIC GOLF	
Riding the wave of sustainability and art, one surfboard at a time! Join in on a recycled surfboard and art workshop today!	Welcome to camp Peak! Prepare for a day filled with fun as we make s'mores, play team games and use our skills to build a tent!	Warm up your vocal chords, we're calling all sing stars today! Sing the day away, challenge the Peak staff in karaoke and test your knowledge in trivia!	We're off to Event Cinemas Shellharbour to see Kung Fu Panda 4 today! Enjoy a small popcorn and drink as you watch the movie!	Calling all junior golfers! Put your golf skills to the test today as we bring an inflatable putt putt course to Peak!	
In Service Activity: South Coast Kook Cost: Session Fee + \$8	Programmed Activities: Camp Survivor + Team Building Cost: Session Fee	Programmed Activities: Chameleon Flow Drawings + Oztag Cost: Session Fee	Excursion: Event Cinemas Shellharbour Cost: Session Fee + \$28	Programmed Activities: Mini Golf Course + Frisbee Golf Cost: Session Fee	
Monday 22nd April	Tuesday 23 <mark>rd April</mark>	esday 23rd April Wednesday 24th April		Friday 26th April	
MYTHICAL CREATURES	COLOUR ME CRAZY	STEM SCIENCE	CLOSED	HUNGERBALL	
Unicorns, mermaids and dragons, oh my! Come along and learn all about the fascinating worlds of mythical creatures!	Wear your bright <mark>est and most colourful clothes today as we get creative and crazy with colour!</mark>	Become a scientist for the day as we complete loads of cool experiments and find the formula for fun!	Thursday 25th April Anzac Day	Back by popular demand! One inflatable arena, six goals and a whole lot of fun! Step into a sports wonderland today!	
Programmed Activities: Sand Dragons + Cricket Cost: Session Fee	Programmed Activities: Graffiti Art + Soccer Cost: Session Fee + \$4	Programmed Activities: -Volcanoes + Touch Football Cost: Session Fee		In Service Activity: Little Victors Cost: Session Fee + \$12	
	CONTRACTOR .				
Monday 29th April					
RUMBLE IN THE JUNGLE					
Pop on your exploring boots and head into the jungle with us today as we learn about the jungle and the magnificent animals within it!			5	RATED EXCEEDING	
Programmed Activities:	S -			NATIONAL QUALITY STANDARD	
Cost: Session Fee					

admin@peaksportslearning.com.au

www.peaksportslearning.com.au

PEAK SPORTS AND LEARNING

APRIL 2024 VACATION CARE PROGRAM

6:30AM - 6:00PM CCS APPLIES TO FEES

WARILLA

ENROLMENTS AND FEES

Existing Enrolments

- Online bookings can be made 24 hours or more in advance via your Fully Booked registration portal, https://peak.fullybookedccms.com.au/family/login.
- Any bookings made within this timeframe will need to be made through our office via phone or email.

New Enrolments

- Enrol online at https://peak.fullybookedccms.com.au/family/login.
- Once you have completed the online enrolment form, our administration team will contact you to discuss your enrolment.
- Session Fee: \$71 per day (less subsidies where eligible).

Additional Costs: Will be added to the daily session fee and paid via weekly statements.

BOOKINGS AND CANCELLATIONS

Bookings

- Bookings made with more than 24 hours notice: Session fee applies.
- Bookings made with less than 24 hours notice:
 Session fee applies + \$5 late booking fee.

Cancellations

- Cancellations made with more than 24 hours notice:
 Session fee removed.
- Cancellations made with less than 24 hours notice: Session fee removed and \$6 cancellation fee applied.
- Cancellations made after 6:00pm the day prior: Full fee charged (less subsidies where eligible).
- Where a child is absent due to illness, the cancellation fee may be waived where a medical certificate is provided to the office.

ON THE DAY OF CARE

Where to Find Us

• Located in the school hall at Warilla Public School.

What to Pack

 Lunch and snacks, hat, labelled drink bottle and jumper. A reminder that Peak is a nut aware service.
 Please ensure your child is wearing enclosed shoes.

What We Provide

Breakfast, morning tea and afternoon tea.

Permission for Excursions

 Bookings for excursions will require an Authorisation Form to be accepted online through FullyBooked.
 Full permission details are available on the Vacation Care Details Form, as well as in FullyBooked.



www.peaksportslearning.com.au

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1300 GO PEAK (1300 467 325)