



Lake Illawarra South Public School

Newsletter

Term 1 Week 2: Monday 5 FEBRAURY 2024

CALENDAR

FEB

- 05** Canteen opens
Kinder early finish continues
Assembly 1:45pm
- 06** Safer Internet Day
- 07** Cricket Blast commences
Welcome Barbeque
- 14** Swimming Carnival
- 15** Parent Phonics Info Session
- 19** Parent Teacher Interviews Week
Life Education
- 20** Life Education
- 21** Life Education
District Swimming Carnival
LIHS Expo Night
- 26** Kiss & Drop commences for Kinder
- 27** K-2 AFL commences

CONTACT

Lake Illawarra South Public School

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LAKE ILLAWARRA NSW 2528
DHARAWAL COUNTRY

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PRINCIPAL'S MESSAGE

Welcome to the new school year. It has been wonderful to catchup with our returning students over the last few days and find out about their adventures over the summer vacation period. A

warm welcome to our new Kinder students and their families and new families that have joined the Lake Illawarra South learning community.

Our planned events for this term start early with the Welcome Barbeque this Wednesday. Fingers crossed for favourable weather.

This year also sees the school continue work though our Strategic Improvement Plan 2022 – 2026. Kindergarten to Year 2 is embedding the new English and mathematics curricula whilst Years 3 to 6 begin the implementation phase. Staff completed mandatory training in Child Protection and the Code of Conduct. The remaining sessions were utilised finalising whole school and stage planning for the 2024 school year.

Please be advised, Mrs Hockey will be on leave this term.

A number of notes will be sent home in the coming days. It is important that all notes are returned as information and permissions are required to be updated annually.

The school newsletter will be distributed on Audiri and via email on the Monday of even weeks throughout the school term.

Karen Simula
Principal

STAFFING

The Department of Education has strict guidelines regarding staffing allocation and the number of classes which can be formed with current student enrolment numbers. The Department deems that Lake Illawarra South Public School is able to form 7 classes for 2024 with two Assistant Principals. As a

school staff, we have decided to utilise school funds to form an eighth class in order to keep class numbers smaller. The class structure for 2024 is as follows:

KA – Mrs Aleckson

1P – Ms Perceval

2S – Mrs Silvey (M - W)

Mrs Wilmott (Th – F)

3B – Mrs Bowden

3/4L – Mrs Lawler (Aunty Anna)(Assistant Principal)

4/5B – Mr Bruce

5/6C– Mrs Castelli

5/6O – Miss O'Keefe

Library/RFF/Learning Support

- Mrs Gibson Dean (assistant Principal)
- Mrs Koerner (Wed - Fri)
- Mrs Trotter (Assistant Principal, Tues – Thurs)
- Miss Olender (Mon – Wed)

Assistant Principal Curriculum & Instruction

- Mrs Smith (Mon – Fri)
- Mrs Gibson Dean (Fri)

Itinerant Support Teacher – Vision

- Mrs Wendy Murphy

Itinerant Support Teacher – Hearing

- Ms Melissa Hood

We also welcome back our administrative staff:

School Administration Manager – Mrs Kampas

School Administration Officer – Ms Mayo

School Learning Support Officers

- Mrs Willetts (Mon – Fri)
- Mrs Humphries (Tues, Thurs, Fri)
- Mrs Mateo (Mon, Wed)
- Mrs Maher (Fri)
- Ms Reiss (Mon, Tues)

School Psychologist – Ms George

School Chaplain – Mrs Primossich

General Assistant – Mr Nathaniel

SWIMMING CARNIVAL

Our school swimming carnival is scheduled for Wednesday 14th February from 9:30am to 12:30pm

at Oak Flats Pool. A permission note has been sent home and should be returned by Monday Week 3. Students from Years 3 to 6 and those students turning 8 years old in 2024 from Year 2 who are competent swimmers are invited to attend.

Students must catch the bus to and from the pool.

Students should wear suitable swimming attire, wear a hat and sunscreen. Please ensure your child has plenty of water and healthy foods for this event.

Pelicans – Yellow

Gulls – Blue

Cranes – Green

Swans – Red

Please be advised that PSSA has changed the date of the District Carnival to Wednesday 21st February.

SCHOOL LEADERS

Our 2024 school leaders commenced their official duties last week. Our school leaders are Dylan, Maya, Ella and Noe. We are looking forward to working closely with them throughout the year.



SAFER INTERNET DAY

Tomorrow is Safer Internet Day. Teachers will be discussing the importance of online safety with their classes. A flyer is attached to end of this newsletter, listing available parent webinars.

CRICKET BLAST

We are excited to host an exciting cricket opportunity with experienced coaches from Cricket NSW. Cricket Blast sessions will be held at Lake South starting this Wednesday. The cost for the five-week program is \$30.

SUMMER READING CHALLENGE

Students who completed the Summer Reading Challenge over the summer should return their reading log to Mrs Simula as soon as possible.

BEST START

Our Kindergarten students have all completed their Best Start Assessment. Teachers use this information to guide their teaching instruction in order to target students' next steps in learning. Parents will receive a report regarding the Best Start Assessment in the coming weeks.

ST 3 CANBERRA EXCURSION

Stage 3 students are currently fundraising to subsidise their overnight excursion to Canberra. A terrific range of vouchers (movies, petrol, groceries, hardware, bowling) has been sourced for this raffle. If you would like to purchase tickets, you may do so at the front office or at the Welcome Barbeque on Wednesday.

CANTEEN

We are very excited that Kelley is opening the canteen five days per week for recess and lunch. Lunch orders are able to be placed online through the School24 app. Information regarding the canteen was sent home with students last week. A copy of the menu is attached to the end of this newsletter.

CRUNCH&SIP

At Lake Illawarra South Public School, we proudly acknowledge that we are a certified Crunch and Sip school. Many packaged products claim to be healthy snacks for children but actually contain large amounts of sugar, salt or fats. The Crunch&Sip program is an easy way to help kids stay healthy and happy. Crunch&Sip is a time during the school day to eat vegetables and fruit and drink water in the classroom. Students bring vegetables or fruit to school each day for the Crunch&Sip break.

Giving students the chance to re-fuel with fruit or vegetables helps to improve physical and mental performance and concentration in the classroom, as well as promoting long term health.

ASTHMA MEDICATIONS

If your child suffers from asthma, please ensure, as a matter of urgency, that an in-date puffer is supplied to the school office this week.

INDIVIDUAL HEALTH PLANS

The school continues to develop Individual Health Care Plans for students with special needs. The office is currently updating these plans as they must be updated annually. Parents of these students will be contacted shortly to discuss aspects of the Health Care Plan.

NUT AWARE SCHOOL

A reminder that Lake Illawarra South Public School is a Nut Aware School. We do have students who are highly allergic to a range of nut products and contact with products containing nuts can result in a life-threatening anaphylactic reaction for these children.

As one strategy to minimise exposure to nuts, we ask that students not bring nuts or nut products to school or school activities. Some products that contain nuts include Nutella, peanut butter, chocolate bars and muesli/health bars.

We also actively discourage students from sharing food.

UPDATING YOUR CHILD'S HEALTH DETAILS

We would appreciate information from parents about their child's health, even if you are not requesting specific support from our school. It is important that you let us know if your child's health care needs change or if a new health condition develops.

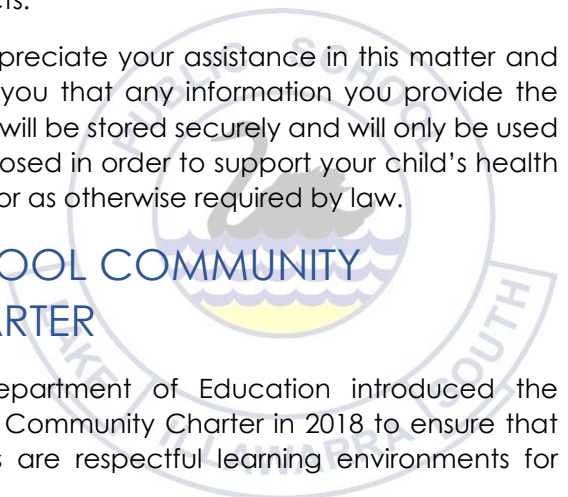
Information about allergies, medical conditions such as asthma and other health related issues should be provided. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify office staff of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this matter and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your child's health needs or as otherwise required by law.

SCHOOL COMMUNITY CHARTER

The Department of Education introduced the School Community Charter in 2018 to ensure that schools are respectful learning environments for



our students and wider communities. It aligns with the vision and values outlined in the department's Strategic Plan 2023 – 2026. The Charter outlines what parents can expect in engaging with their school as a partner in their students' learning, as well as highlighting some unacceptable behaviours that have no place in our school communities. The School Community Charter provides a framework for establishing positive behaviours and terms of engagement. A copy of the Charter is attached to the end of this newsletter, or for more information:

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/school-community-charter>.

ATTENDANCE

Parents of children from Kindergarten to Year 12 must ensure their children attend school every day. On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- Being sick or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exception or urgent family circumstances e.g. attending a funeral

Parents must provide an explanation for absences to the school within 7 days from the first day of any period of absence. Where an explanation has not been received within the 7-day timeframe, the school will record the absence as unexplained on the student's record.

POSITIVE BEHAVIOUR FOR LEARNING

Positive Behaviour for Learning (PBL) is a whole-school framework that promotes positive behaviour across a school and helps schools develop safe and supportive learning environments. Lake Illawarra South Public School has been a PBL school for a number of years. Students benefit from:

- increased time focused on instruction
- improved social-emotional wellbeing
- positive and respectful relationships

- a predictable learning environment

Throughout the year, students are explicitly taught the school expectations through a series of lessons.

This week's Positive Behaviour for Learning focus is *Safety - travel safely to and from school*. Students travel to and from school in a variety of ways; walking, bus, car and riding. It is important that students adhere to all road rules and wear appropriate safety equipment such as helmets when traveling to and from school.

The focus for next week is *Respect – wear school uniform*. Wearing a uniform gives students a sense of belonging and builds a sense of community. Uniforms also enhance pride in the school.

CHAPLAIN NEWS

Our chaplain, Mrs Promissich, is on site each Monday and Tuesday to support students and their families with their wellbeing. If you would like your child to connect with Miss Heidi, please contact your child's class teacher.

UNIFORMS

School uniforms are available from the front office. Please contact Ms Mayo to place your order.

School uniforms are able to be purchased by cash payment or EFTPOS facilities at the school office. Uniforms are not able to be purchased online.

DAUGHTERS & DADS FOOTBALL

*Daughters and Dads Football is back in 2024 with a program located at **Illawarra Sports High School**. We are searching for fathers/father-figures who want to strengthen the relationship they share with their primary aged daughters through the uniting power of football. Get ready for fun and engaging sessions over **8 weeks!** Term 1 sessions run weekly for 90 minutes, covering skill development and interactive activities while spending quality 1:1 time together. The program kicks off from **Friday 2nd February**, and we hope to see you there!*



Why attendance matters



When your child misses school they miss important opportunities to:



Learn



Make friends



Build skills through fun

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight = **4** weeks  = Over **1** year missed

(Visual: A 2x7 grid of days with the top-right cell crossed out)

1 day per week = **8** weeks  = Over **2.5** years missed

(Visual: A 2x7 grid of days with the top-right and bottom-right cells crossed out)

LAKE ILLAWARRA SOUTH PUBLIC SCHOOL - CANTEEN MENU 2024

Canteen will be open 5 Days for Recess & Lunch

SANDWICHES, WRAPS & SALADS - lunch only	HOT FOOD	DRINKS (Breakfast, recess & lunch)		MILK COMBOS
	Homemade Pizza			Pizza Combo \$6.50
Vegemite (V) \$2.20	Cheese (V) \$4.50	Water 600 ml \$2.50		Pizza – choose flavour (50c for BBQ meatlovers) + Milk (choose flavour))
Cheese (V) \$2.60	Ham & cheese \$4.50	Popper 200 ml apple/blackcurrant \$2.20		
	Hawaiin \$4.50			Pasta Combo \$7.00
Salad (V) \$4.70	BBQ Meat Lovers \$5.00	Milk 300 ml Chocolate/Strawberry \$2.50		Pasta Bolognese OR Mac & Cheese + Milk (choose flavour)
Ham or chicken \$3.60	Chicken Fingers			
Chicken, lettuce, mayo \$4.20	3 pack \$3.00	BITES		Wrap Combo \$7.50
Ham, cheese \$4.00	5 pack \$5.00	Carrot Sticks 50c		Chicken, lettuce, mayo wrap Fruit Milk – choose flavour
Ham or chicken salad \$5.50 <small>Salad consists of lettuce, tomato, cheese, beetroot, carrot & cucumber.</small>	Homemade Pasta Bolognese \$5.00	Milk Pots (3 max) 50c TNT Blue Raspberry \$2.00		
Wraps are extra 80c	Homemade Mac & Cheese (V) \$5.00	Frozen pineapple pops \$1.00		
GF bread available extra \$1.00	Homemade Chicken Burrito \$5.00	Seasonal fruit \$1.00		
	Chicken Burger (lettuce & mayo) \$6.00	Quelch Ice Block – 5 flavours \$1.00		
SALAD TUBS (GF)	Deluxe Chicken Burger (salad) \$6.50	Cheese & Crackers \$1.20		PICNIC BOXES
Salad (V) \$5.50	Corn Cup (V) \$1.50	Custard Tub \$1.20		Cheese, crackers, veggie sticks, dip, fruit (V) \$3.50
Ham or chicken salad \$6.00	Homemade Garlic Bread \$2.20	Homemade Banana Muffins \$1.20		Add ham to above box \$4.50
		Juicies – lemonade \$2.00		
		Rice Crackers – sour cream & chives \$1.50		
RECESS PACKS	JAFFLES (Gluten free bread \$1 extra)	EXTRAS		BIRTHDAY TREATS
Muffin & carrot sticks (V) \$1.60	Baked Beans \$4.00	Tomato Sauce 30c	Forks/spoons (for items not purchased at canteen) 10c	Ice Blocks \$1.00 each Muffins \$1.20 each Birthday Treats are an alternative for cakes. They can be ordered for the whole class through school24 with 2 days notice required. Treats to be picked up by students at lunch bell
Muffin & fruit (V) \$2.00	Cheese (V) \$2.60			
Rice cracker, fruit & popper (GF, V) \$4.60	Ham & Cheese \$4.50			
Homemade slice & flavoured milk \$3.00	Apple Pie (V) \$3.00			
	Banana Pie (V) \$3.00			
The menu is updated daily. Check our whiteboard for daily treats. Keep up to date on our specials & news via Facebook – Kelley’s Place Lake South	Online Ordering is preferred Please login to www.school24.net.au or install the School24 mobile app Ordering closes at 9am daily School ID #25465963		A feedback letterbox will be placed near the canteen for the children & community to suggest any foods they would like sold, for any competitions they would like and for any feedback.	



Parent and carer webinar schedule

2024

eSafety's free webinars provide parents and carers with the knowledge, skills and tools to support their children to have safe, positive online experiences.

Term 1

Safer Internet Day (6 February)

eSafety 101: How eSafety can help

Suitable for parents and carers of children and young people in primary and secondary school.

Understanding how to support your child with online gaming

Suitable for parents and carers of children and young people in primary and early secondary school.

Understanding parental controls to safeguard your child

Suitable for parents and carers of children and young people in primary school.

Online safety and social media: TikTok, YouTube and Instagram

Suitable for parents and carers of children and young people in primary and early secondary school.

Term 2

National Families Week (May)

eSafety 101: How eSafety can help

Suitable for parents and carers of children and young people in primary and secondary school.

Wellbeing and digital technologies

Suitable for parents and carers of young people in secondary school.

Consent and online boundaries: How to support your primary-aged child

Suitable for parents and carers of children in primary school.

Setting your child up for success online

Suitable for parents and carers of children in primary school.

Term 3

National Day of Action against Bullying and Violence (August)

National Child Protection Week (September)

- **Understanding how to support your child with online gaming**
Suitable for parents and carers of children and young people in primary and early secondary school.
- **Consent and online boundaries: How to support your primary-aged child**
Suitable for parents and carers of children in primary school.
- **An introduction to online safety and emerging technologies**
Suitable for parents and carers of children and parents in primary and secondary school.

Term 4

Mental Health Month (October)

- **Navigating online friendships: Transitioning to secondary school**
Suitable for parents and carers of young people in secondary school.
- **eSafety 101: How eSafety can help**
Suitable for parents and carers of children and young people in primary and secondary school.



Subscribe to [eSafetyNews](#) for dates and registration details or visit esafety.gov.au/parents/webinars.

School Community Charter

 **Collaborative. Respectful. Communication.**

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

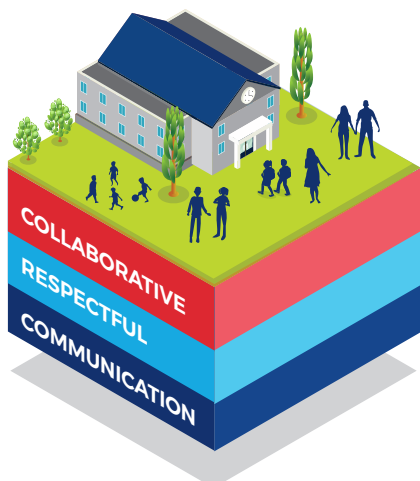
We treat
each other
with
respect

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We
prioritise
the wellbeing
of all students
and staff

**Unsafe
behaviour**
is not acceptable
in our schools

We work
together
with the
school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



We create
collaborative
learning
environments

We
all play
our part

We work
in partnership
to promote
student
learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

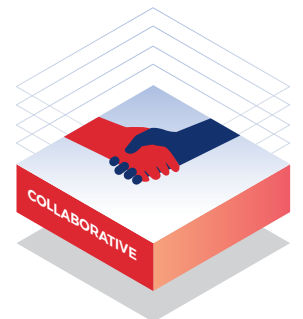
Our guide for parents, carers and students provides useful information about the complaints process:

education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.



Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



Collaborative.
Respectful.
Communication.

School Community Charter

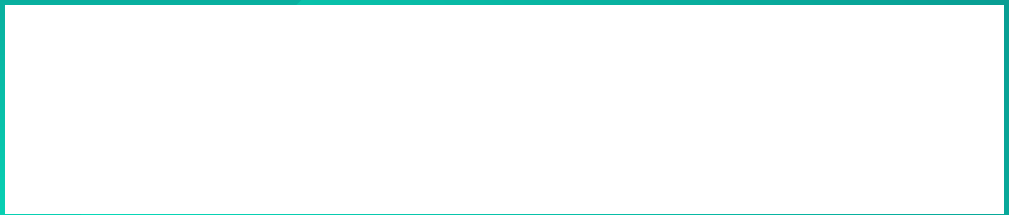
education.nsw.gov.au



HAVE A BLAST

Get into Woolworths Cricket Blast

It's a fun and active program for kids of all abilities, whether it's your first time with a bat or you're a backyard Cricket star!



JOIN YOUR NEAREST CLUB

Q Play Cricket

**PROUDLY
PRESENTED BY**



UNDERGROUND EDGE

EST. 2012

FREE TRIAL CLASSES FOR NEWBIES!

STUDENTS ENCOURAGED TO BE THEMSELVES

MONDAYS & WEDNESDAYS IN WINDANG SINCE 2012

CLASSES IN HIP HOP JAZZ-FUNK & CONTEMPORARY

Any Level of Experience Welcome!

Ultimate Beginner to Advanced Boys • Girls • Teens • Adults

STUDENTS AND FAMILIES INVOLVED IN THE SONG & COSTUMING CHOICES

STYLE OF DANCE OFFERED IS GUIDED BY STUDENT INTEREST



GET IN TOUCH TODAY TO BOOK YOUR FREE TRIAL WITH US IN 2024

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- 📍 50 Kurrajong St Windang



2024 TIMETABLE



MONDAY

TIME	SIDE ONE (Scheduled Class)	SIDE TWO (E.O.I only)
4.15pm - 4.45pm	Kindy Kidz - Ages 3 to 6 Hip Hop/Funk	N/A
4.45pm - 5.15pm	Junior Kidz - Ages 7 to 10 Hip Hop/Funk	N/A
5.15pm - 5.45pm	Freestyle Kidz Class Ages 7 to 12s	E.O.I only: Junior/Primary Jazz or Lyrical-Contemp Ages 6 to 10years
5.45pm - 6.15pm	Boys Hip Hop Ages 9 to 13 years	E.O.I only: Lyrical Hip Hop Beginner Ages 9+
6.15pm - 6.45pm	Freestyle Skills Teen/Adult Ages 13+ Popping/Locking/Waving /Tutting/Robotics	
6.45pm - 7.30pm	High School/Senior Intermediate Hip Hop/Funk Ages 14+	
7.30pm - 8.15pm (class time may extend in the later terms)	Seniors Advanced Hip Hop/Funk Ages 16+	

WEDNESDAY

TIME	SIDE ONE	SIDE TWO (E.O.I only)
4pm - 4.30pm		E.O.I only: Preschool Kids Lyrical-Contemp/Jazz Ages 3 to 6 years
4.30pm - 5.15pm	Contemporary/Lyrical combined class Ages 9 to 15 years	Private Lesson: Duo
5.15pm - 6pm	Primary Kidz Hip Hop/Funk Ages 8 to 11	
6pm - 6.45pm	PreTeens Hip Hop/Funk or JFH Beg/Int - Ages 11 to 14	
6.45pm - 7.30pm (This time may extend in later terms)	Teens/High School Hip Hop/Funk Intermediate Ages 13+	
7.30 - 8.15pm (This time start & finish 15mins later in later terms)	Adult Beginner Hip Hop/Funk Ages 18+	E.O.I only: Extension class - in addition to Teens, or other High School/Senior class JFH & Hip Hop/Freestyle combo class, alternating weeks/styles 7.30 till 8pm (Or later terms starting 7.45pm)
8.15pm - 9.15pm	Various styles, various Casually scheduled workshops Monday or Wednesday by E.O.I	



Please be advised, all scheduled class/times are a guideline only. Times/Classes or Age/Level may need to be revised or altered according to class interest and registered numbers.

If minimum numbers are not reached for any class, the class may not go ahead until sufficient registrations occur for the class. The next best suited class will be offered in the mean time.

If the class exceeds the maximum class number (which is dependent on the age/level/teacher/ style, we may decide to split the class into further separation of experience or age bracket or create a waitlist for the group.

Classes that are E.O.I (Expression of Interest) must have enough interest stated before finalizing the class into the timetable for enrolments.

Styles that Underground Edge offer are guided by student-interest.



Disabled Surfers South Coast Presents

Port Kembla 'Smiles on Dials Day'

Saturday 2nd March 2024

Meet southern side of Port Kembla Pool, off Olympic Blvd, Port Kembla,



Check-in no later than 9.00am - Group-care facility participants limit of 6 per facility

A fun day surfing experience for any person with a disability, no matter how challenging, with complete water supervision.

Registration for Participants is **FREE** and all **participants** receive a bag of goodies,

Thanks to the local participating surf shops and businesses some gifts are provided.

Free registration for Volunteer Helpers and for giving up your time you will receive **FREE** Sausage Sizzle on the day.

For more information and who to contact view

disabledsurfers.org/nsw/south-coast-branch or www.disabledsurfers.org

See you there putting "Smiles on dials"



**GIRLS'
BRIGADE**

New South Wales

Come along for...

Fun, Games and friendship

Shellharbour Girls' Brigade

Warilla Neighbourhood

Centre

Benaud Crescent Warilla

Tuesday 5:30pm-7:30pm

Contact Diane 0412797542

*Girls' lives
transformed*



WOLLONGONG FRIDAYS

Illawarra Sports High School
2 February to 22 March
5:45pm to 7:15pm

www.footballnsw.com.au

