



Lake Illawarra South Public School

Newsletter

Term 3 Week 8: Monday 05 SEPTEMBER 2022

CALENDAR

SEPTEMBER

- 05** Peer Support
Electricity Safety Week commences
- 06** Yr 6 Check-in Assessment – Reading
- 07** Yr 6 Check-in Assessment – Writing
KA Visit to Lake Illawarra High
Stage 3 Gymnastics
- 08** Yr 6 Check-in Assessment – Maths
P&C Meeting 8.45am
ES1/S1/S2 Public Speaking finals
AECG Meeting 4pm Kiama High
- 09** Premier's Spelling Bee LLC finals
- 12** Parent-teacher Interview Week
S3 Public Speaking final

CONTACT

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PRINCIPAL'S MESSAGE

I hope dads and grandpas were spoiled by families yesterday for Fathers' Day. It is a great day to spend time with dads and show them how much they mean to us.

Last Thursday the school was cutover to Edge. The school experienced some minor disruptions to our

Internet service during the cutover. The school's Internet speed was checked late on Thursday afternoon with a significant improvement to what we had experienced previously.

I have met with personnel from the Department of Education's Assets sector regarding an upgrade of the administration building. Although only early in the planning stages, the renovation may possibly take place before the end of this year. Work on the toilet block in the Eastern playground will commence shortly.

Crews from Shellharbour City Council began work on investigating the stormwater pipes in the Western playground late last week. We are hoping that a solution can be found quickly and the pipes repaired soon.

Miss O'Keefe and 3O are hosting a practicum student, Mr Kiel Steel for the next two weeks. Please say hello to him if you see him in the playground.

Karen Simula
Principal

SASS RECOGNITION WEEK

This week is SASS Recognition Week. It is a week where we acknowledge the tremendous role our School Administrative and Support Staff play in our school. We have a very talented and dedicated group of employees who often complete a large amount of work above and beyond their job descriptions. They are important contributors to the success of the school and Lake Illawarra South Public School would not run as smoothly or effectively as it does without them.

Our amazing team is:

School Administration Manager – Gina Kampas

School Administration Officer – Gaby Mayo

School Learning & Support Officers – Mel Willetts, Michelle Humphries, Joy Mateo & Jenny Maher

General Assistant – Lucas Nathaniel

STAFF DEVELOPMENT DAY

Tuesday 20th December is designated as a Staff Development Day in Term 4. Staff will be onsite for a half day on this date as they have completed twilight sessions throughout the year.

PARENT-TEACHER INTERVIEWS

Parent-Teacher interviews are scheduled in Week 9 of this term.

To make a booking, head to schoolinterviews.com.au and use the code a5g9c.

Detailed information on how to make a booking was sent home with students last week.

YEAR 6 CHECK-IN ASSESSMENTS

Year 6 Check-in assessments will be held this week in reading, writing and maths. The assessment supplements existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs. Students with a disability may receive the same level of support during the assessment as they would normally receive in the classroom.

REGIONAL ATHLETICS CARNIVAL

Congratulations to Chleo, Bailey, Quinn and Issack who took part in the Regional Athletics Carnival in Canberra on Friday. Chleo ran an exceptional race and is now headed to the State Championships at Homebush in mid-October.



PUBLIC SPEAKING

Stage Public Speaking finals will be held this Thursday for early Stage One/Stage One and Stage Two. The Stage Three final will be held next Monday. Best of luck to all the finalists.

SOUTHERN STARS

Twelve dancers and three choir members participated in Southern Stars last week. Although the weather was a little damp, all the students had a wonderful time contributing to the biggest school creative arts performance on the South Coast. The students' behaviour was exceptional and we were all very proud of them. A huge thank you to Mrs Castelli, Miss O'Keefe and Mrs Gibson Dean for giving up your time to supervise the students and providing them with lifelong memories of the event.



COLOUR EXPLOSION FUN RUN

The Student Representative Council has organised a Colour Explosion Colour Fun Run on the last day

of this term – Friday 23rd September to raise money for improvements to the Western playground.

Detailed information and a participation permission note were sent home on Friday.



FATHERS' DAY STALL & RAFFLE

Big decisions were made by students when purchasing gifts for dads, pops and uncles at the Fathers' Day Stall on Thursday. Thank you to our wonderful P&C for organising a terrific range of gifts for students to select from.

Congratulations to the families who won a prize in the Fathers' Day raffle on Friday. Thanks you to the P&C for securing a range of prizes from local businesses. Almost \$500 was raised for the school through this initiative.

BOOK WEEK

The weather was not on our side with the Book Week Character parade this year but we were able to pull off a modified parade despite the pouring rain and chilly winds.

Thank you to those parents who were able to attend the parade and enjoy the sausage sizzle. Thanks to Mrs Wilmott and Aunty Anna for organising this year's event.

SPELLING BEE

Congratulations to Xavier and Chleo who are representing Lake Illawarra South PS in their respective competitions at the Regional Finals of the Premier's Spelling Bee this coming Friday. We wish you the best of luck.

CYBER SAFETY TALKS

Students in Years 4 to 6 participated in age-appropriate cyber safety talks presented by Interrelate last Thursday as part of their Personal Development, Health and Science units.

It was also terrific to see a number of families take advantage of the parent session offered on Thursday evening.

KINDERGARTEN 2023

The school is currently finalising the schedule for Kinder Orientation for those students commencing big school in 2023. If you know of a family who is in area and has not yet enrolled their child, please encourage them to contact the school as soon as possible.

STAGE 1 INCURSION

Students in Years 1 and 2 participated in a 3D printing incursion on Friday. Students used a computer to design a small object which was then printed on a 3D printer. Students were highly engaged and the presenters commented on the students enthusiasm and fabulous behaviour.



BREAKFAST CLUB

A reminder that Breakfast Club is on each morning in the library for students who require breakfast. Cereal or toast is provided. Please be aware there is no cost to access this service.

PEER SUPPORT

Today is our last session for Peer Support. The Year 6 Peer Support Leaders have done a terrific job presenting lessons to their groups each week. They should be very proud of themselves for the work they have done in this area.

TELL THEM FROM ME

Information regarding the *Tell Them From Me* student survey was sent home last week. Parents need only to return the note if they wish to opt out their child from participating.

CANTEEN NEWS

A reminder that the canteen is operating each Thursday and Friday. A copy of the menu is attached at the end of this newsletter.

POSITIVE BEHAVIOUR FOR LEARNING

The focus for this week, continuing on from last week, is *Responsibility – Be a problem solver*. Encouraging students to identify problems and to find creative solutions helps students to build their emotional intelligence, creativity, collaboration and decision-making skills.

The focus for next week is *Respect – Allow others to learn*. Encouraging students to focus on their own work and minimise disruptions to other students ensures maximum time is devoted to learning. This focus highlights that learning time is precious for everyone and that everyone can contribute to a positive learning environment.

P&C MEETING

The next meeting of the Lake Illawarra South PS P&C meeting is Thursday 8th September at 8:45am in the PL Space. All welcome.

AECG MEETING

The next general meeting of the Juborsay Local AECG is Thursday 8th September at 4:00pm at Kiama High School. All welcome.

CHAPLAIN NEWS

Our chaplain, Mrs Hellyer, is on site each Monday and Tuesday to support students and their families with their wellbeing. If you would like your child to connect with Miss Elise, please contact your child's class teacher.

UNIFORMS

School uniforms are available from the front office. Please contact Ms Mayo at the front office to

place your order. Please be aware that correct money is needed at the time of purchase.

COVID-SMART MEASURES

With COVID-19 and flu circulating in our community and positive numbers increasing, all Department of Education schools will continue to implement layered COVID-smart measures in Term 3 to prioritise student and staff wellbeing and remain operational. This includes strongly advising mask wearing, distributing Rapid Antigen Tests (RATs) to our staff and students, maximising natural ventilation and enhanced cleaning.

Students with cold and flu-type symptoms must stay at home and conduct a RAT test. If symptoms develop during the school day, parents and carers will be contacted to collect students from school. Students who test positive must have their result reported to NSW Health, as well as the school office and commence isolation for 7 days from the date of the positive test.

Students who are close contacts are allowed to attend school if they are not symptomatic. They must inform the school that they are a close contact and it is recommended that a mask is worn indoors. All close contacts should conduct and return a negative RAT each morning before attending school for 5 days.

Visitors to the school must inform staff if they are close contacts and wear a mask indoors at all times. Close contacts who are symptomatic should isolate at home and continue to test each day.



upcoming sessions

Parents, Carers, and Community Members in Illawarra Shoalhaven are invited to attend a free mental health education session in Term 3.



The sessions aim to:

- Strengthen your understanding of mental health definitions.
- Enhance your conversational approach to mental health and well-being.
- Build skills and strategies to support young people, including transition to work and study.
- Build awareness of local, state and national supports available to young people.
- Increase your knowledge & understanding of the mental health challenges facing young people today.
- Introduce you to some of the skills and strategies to encourage and support help-seeking.



Connecting and communicating with young people

Date: Monday, 8 August 2022
Time: 6:30 pm – 7:45 pm AEST
Location: Online webinar
Registration: <https://bit.ly/3yGZAVA>



Navigating uncertainty and change

Date: Tuesday, 6 September 2022
Time: 12:00 pm – 1:15 pm AEST
Location: Online webinar
Registration: <https://bit.ly/3RBNtIA>



For more information

Contact us at programsupport@headspace.org.au



NSW Health



Safe Haven

A calm, culturally-sensitive and non-clinical setting staffed by trained peer workers to support people experiencing suicidal distress.



Safe Haven is a NSW Health
Towards Zero Suicides Initiative
delivered in partnership with

STRIDE for better
mental health

Safe Haven is:

- An alternative to the emergency department for people in distress, experiencing a suicidal crisis
- Operated by peer workers with consultation and support by mental health professionals including use of sensory modulation
- A warm, welcoming and safe space.

No appointment or Medicare card required.

OPEN Wed-Sat 2:00pm - 10:00pm
LOCATION 55 Urunga Parade, Wollongong 2500
PHONE 0401 561 164
EMAIL Wollongong.safehaven@stride.com.au

If you or someone you know is in immediate danger, please call 000.

Expressions of interest for 2023 are open!



The HIPPY program is a free early learning program for pre-school aged children that helps your child and family get ready for the transition to school and is done in your own home.

HIPPY helps children by:

- Preparing them for school
- Building their self-esteem and confidence through learning
- Giving them fun ways to learn and enjoy spending time with their parents.

HIPPY helps parents to learn:

- How to be more involved in their child's learning
- About child development and the different ways that they learn
- How to make the transition to big-school easy for you and your child.

HIPPY is available in the Warrawong, Lake Heights, Primbee, Port Kembla, Berkeley, Unanderra and Cringila areas.

For further information or to enroll
contact Ciemara Williams on 02 4275 8575
or visit hippyaustralia.bsl.org.au



Snacks & Drinks

Popcorn	\$1.00
Noodles	\$1.50
Red Rock	\$2.50
Muffin	\$1.50
Water 350ml	\$1.50
Water 600ml	\$2.00
Popper 100%	\$2.00
Oak Milk	\$3.00
Chill J Drink	\$3.00
Up n Go	\$3.00
Frozen Juice Cup	\$1.50
Frozen Jelly	\$1.50
Ice Mony	\$1.50

Fresh Sandwiches & Wraps

Cheese, Vegemite OR Jam	\$2
Ham	\$2.50
Ham & Cheese	\$3
Tuna	\$3
Tuna, Lettuce & Mayo	\$3.50
Salad	4
Chicken, Lettuce & Mayo	\$4
Ham, Cheese & Tomato	\$4
Ham & Salad	\$4.50
Roast Beef & Salad	\$4.50
Tuna & Salad	\$4.50
Chicken & Salad	\$5

Prices are for a sandwich.

Upgrade to a wrap for an extra \$1.50

Tasty Tempters

Home Made Sausage Roll	\$3.50	Lasagne, Spaghetti Or Meatball Pasta	\$5.00
Hot Dog	\$3.50	Creamy Curry Chicken Pasta	\$5.00
Meat Pie	\$4.50	Nuggets	6 for \$4.00
Butter Chicken & Rice	\$5.00	Gluten Free Nuggets	6 for \$4.50
Hot Noodles (chicken)	\$3.50		

