



Education
Public Schools

Lake Illawarra South Public School

Newsletter

Term 1 Week 10: Monday 28 MARCH 2022

CALENDAR

MARCH

29 St2 Gymnastics

30 St2 Gymnastics

Hot cross bun orders due

31 AECG Meeting

APRIL

01 Ride2School Day

01 Parent Volunteer Briefing

04 Cross Country Carnival

05 Peer Support Training – Yr 6

06 Peer Support Training – Yr 6

07 Eggs-hibition entries due

08 Easter Hat Parade

08 Last day of term

26 Staff Development Day

27 Students return for Term 2

27 School ANZAC service

If you require additional RAT kits, please contact the front office.

Please continue to monitor your child and undertake a RAT, particularly if they exhibit COVID-like symptoms. We continue to have positive cases across our school in both students and staff. This has presented some challenges, as we struggle to replace absent teachers. As you may have seen in the media, casual teachers are in high demand. Occasionally, we have had to combine classes or collapse additional programs when we cannot replace absent staff. This is not a decision we take lightly. Thank you for your patience and understanding.

Over the school vacation, energy efficient LED lights will be fitted throughout the school. This work will be completed at no cost to the school.

You may have noticed the change on the school notes letterhead acknowledging that Lake Illawarra South Public School is situated on Dharawal Country. This change came as a result of student requests. The change was put to both staff and the P&C.

Last week, students in Years 4 and 6 completed the NAPLAN Practice sessions. These sessions proved invaluable as there was a technical glitch with the lockdown browser. Many thanks to Miss Olender and the Department tech team who were able to rectify the issue, ready for NAPLAN in Term 2.

Staff from Lake Illawarra South Public School will be participating in a combined half day professional learning session with our colleagues from the Lake Learning Community on the Term 2 School Development Day (Tuesday 26th April). This week teachers are collaborating in Stage teams to analyse student achievement data and plan for next term's learning sequences.

CONTACT

Lake Illawarra South Public School

119-129 Reddall Parade
LAKE ILLAWARRA NSW 2528

Phone: 4295 1924

Fax: 4297 2803

Email: lakeillaws-p.school@det.nsw.edu.au

Web: www.lakeillaws-p.schools.nsw.edu.au

PRINCIPAL'S MESSAGE

As COVID continues to be a challenge across our state, and with news of a new strain evolving, the Department of Education is continuing their distribution of Rapid Antigen Tests (RATs) to families.

Please be aware that students return for Term 2 on Wednesday 27th April.

I wish all our families a safe and happy Easter vacation.

Karen Simula
Principal

CROSS COUNTRY

Our school Cross Country Carnival is scheduled for Monday 4th April (weather permitting). The carnival will commence at 9:00am. Please note, that as with all PSSA events, only students 8 years of age and over will go on to the District Cross Country Carnival. Students are able to wear their house colours if they wish.

Swans: red Pelicans: yellow
Cranes: green Gulls: blue

Parents and carers are able to attend this event under COVID-smart measures. Please use the QR code to scan upon arrival and use the hand sanitiser provided. Spectators are required to physically distance during the event.

Permission notes for this event were sent home last week.

SCHOOL PHOTOS

School photos have been re-scheduled to Friday 13th May. If you have already placed your photo order, this will remain in MSP Photography's system and you are not required to submit a new order. MSP Photography have advised they will extend the ordering timeframe until 13th May for those families who have not yet placed their order.

EASTER HAT PARADE

The Easter Bunny is headed to Lake South on the last day of this term. Our Easter Hat Parade will be held under the COLA from 12:15pm on Friday 8th April. Students are creating their Easter hats in class throughout this week. We are looking forward to seeing their creations at the parade.

Parents and carers are invited to attend this event. Please ensure you use the QR code to scan in and physically distance during the event.

P&C EASTER RAFFLE

Thank you to the many families who have contributed donations to this year's Easter raffle

and purchased raffle tickets. Donations will be accepted until Thursday 31st March. Raffle tickets and money should be returned to the front office by Thursday 7th April.

The raffle will be drawn at the conclusion of the Easter Hat Parade on Friday 8th April.

HOT CROSS BUN ORDERS

Our P&C fundraising committee has organised a hot cross bun drive in conjunction with Bakers Delight. Orders are due this Wednesday with delivery made on Thursday 7th April. \$2.00 from each 6-pack of buns is donated to our school.

COLOURING COMPETITION & EGGS-HIBITION

This year, the school is holding a colouring competition for students in Kindergarten and Years 1 and 2. Students should complete their entry at home. Entries should be given to your child's classroom teacher by Wednesday 6th April.

Students in Years 3 to 6 are invited to enter our Eggs-hibition. There are four categories to enter:

- Mus-egg-cal
- Eggs-travaganza
- Egg-lympics
- Pre-egg-storic

Entries should be delivered to school on Thursday 7th April.

Detailed information regarding both of these competitions was sent home last week.

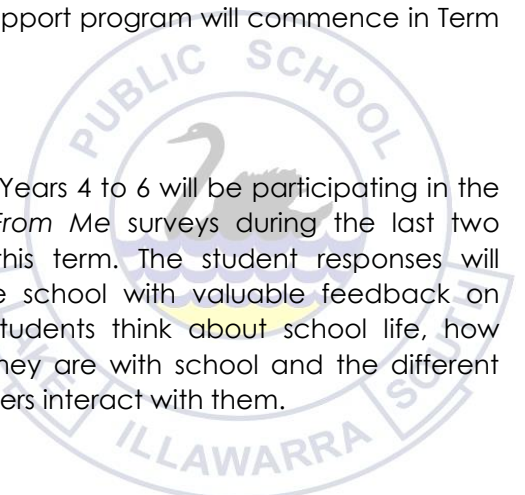
PEER SUPPORT TRAINING

Students in Year 6 will undertake Peer Support training next Tuesday and Wednesday. The training will be facilitated by Mrs Gibson Dean and Mrs Wilmott. Peer Support is an opportunity for students to build relationships and a sense of belonging.

Our Peer Support program will commence in Term 2.

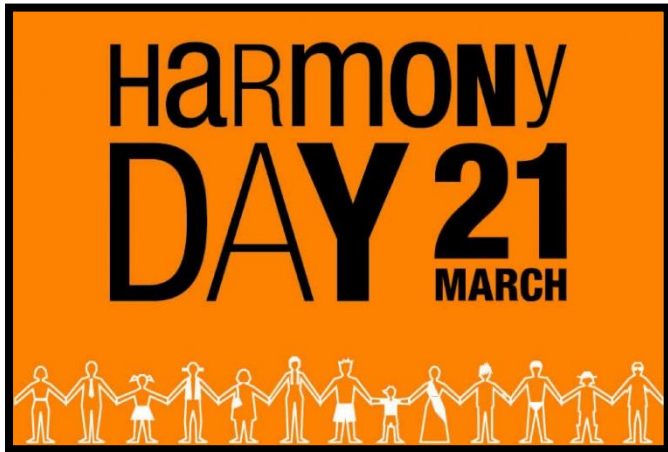
TTFM

Students in Years 4 to 6 will be participating in the *Tell Them From Me* surveys during the last two weeks of this term. The student responses will provide the school with valuable feedback on what our students think about school life, how engaged they are with school and the different ways teachers interact with them.



HARMONY DAY

Students celebrated Harmony Day on Monday 21st March by wearing orange accessories and clothing. A range of activities were completed by students to celebrate the cultural diversity of Australia. The activities promoted inclusiveness, respect and a sense of belonging for everyone. Thank you to Aunty Anna for organising the day for our students.



RIDE2SCHOOL DAY

Lake Illawarra South is participating in Ride2School Day on Friday 1st April. Students are able to ride their bike or scooter under the supervision of Lake South staff. There will be two pick up points:

Warilla Surf Club 8:10am

Bike Path Kiosk 8:15am

Students should have a bike or scooter in good working order and must wear a helmet.

SHARE OUR SPACE

The school will not be participating in the Share Our Space program these holidays as the sinkholes have not yet been repaired.

ANZAC SERVICE

Our school leaders will be representing Lake Illawarra South Public School at the Shellharbour City ANZAC Commemoration Service during the school vacation period. Our school ANZAC commemorative service will be held on 27th April.

PARENT VOLUNTEERS

As COVID restrictions have eased, we would like to welcome parent and carer volunteers back into K-2 classrooms. Please be aware that it is a NSW

Department of Education requirement that all volunteers must

- Complete a *Working With Children Check*
- Complete a 100-point identification check at school
- Sign the volunteer register located in the front office upon arrival and departure each time you are assisting in the classroom.

Parent and carer volunteers are also required to undertake a briefing each year. Briefings will be held on Friday 1st April at 8:40am and 2:45pm in the library.

AECG MEETING

The next AECG Meeting will be held on Thursday 31st March at Oak Flats High School. Koori Time starts at 3:30pm and the meeting proper commences at 4:00pm.

LIHS OPEN NIGHT

Please be advised that Lake Illawarra High School has been advised to reschedule their Open Night. This event will be hopefully be held early in Term 2.

POSITIVE BEHAVIOUR FOR LEARNING

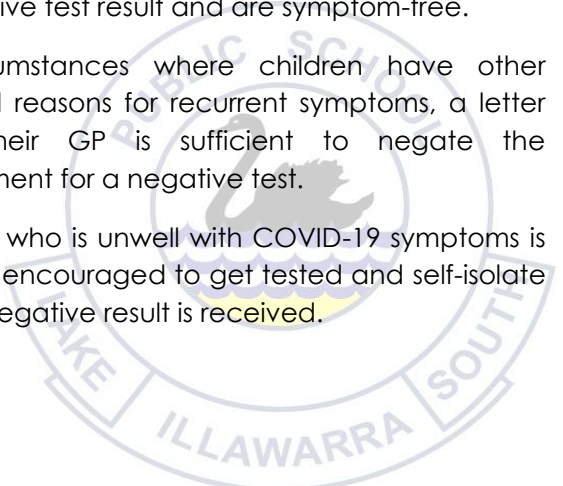
This week's Positive Behaviour for Learning focus is *Respect – Be a good friend*. Forming and maintaining positive peer relationships is a fundamental life skill. Learning to support others through kindness and empathy allows students to develop deep connections with their peers.

UNWELL STUDENTS

Students should not attend school if unwell, even with mild symptoms of COVID-19. Any person with any COVID-19 symptoms will be sent home and should not return to school until they have received a negative test result and are symptom-free.

In circumstances where children have other medical reasons for recurrent symptoms, a letter from their GP is sufficient to negate the requirement for a negative test.

Anyone who is unwell with COVID-19 symptoms is strongly encouraged to get tested and self-isolate until a negative result is received.



CHAPLAIN NEWS

Our chaplain, Mrs Hellyer, is on site each Monday and Tuesday to support students and their families with their wellbeing. If you would like your child to connect with Miss Elise, please contact your child's class teacher.

UNIFORMS

School uniforms are available from the front office. Please contact Ms Mayo at the front office to place your order. Please be aware that correct money is needed at the time of purchase.

COVID-19

Keep yourself and your family safe and help to manage the spread of COVID-19 by

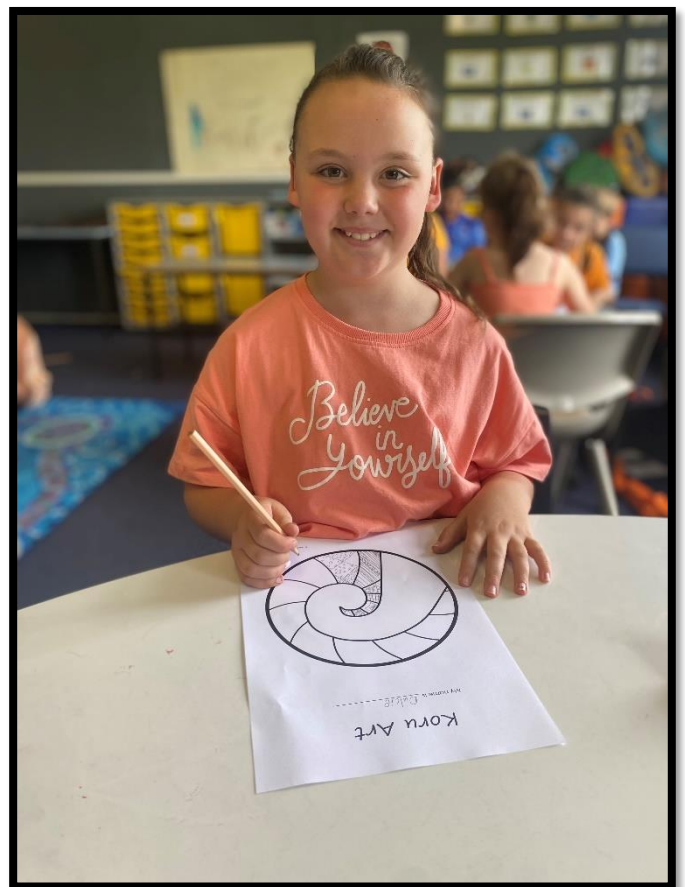
1. **Washing your hands** regularly and thoroughly.
2. **Sneezing and coughing** into your elbow or a tissue, disposing of the tissue straight away and then washing your hands.
3. **Staying home** if you are unwell.



Where to get help

Contact the school if you are concerned about your child's wellbeing to discuss the most appropriate support. Support is also available through a number of agencies and community organisations. Parents and carers can

- call the National Coronavirus Health Information Line (1800 020 080)
- review the NSW Health COVID-19 website for the latest information and advice
- obtain help and information from your local General Practitioner or Community Health Centre



We know times are tough so here are some local services that may be of assistance to your family.

Assist Shellharbour

A free food hamper can be picked up from the Assist Shellharbour office on Mondays and Fridays. Free laundry service every Monday from 12pm.

Location: 10a Commerce Drive, Lake Illawarra

Opening Hours: Monday: 11am – 2pm and Friday: 11am – 2pm

FoodCare

FoodCare offers a range of quality groceries for a fraction of the retail price to anyone holding a pension or low-income card. Crisis food packs for families in need of urgent food resources.

Every Thursday and Friday FoodCare provides free morning tea and a place to connect with people as you get your groceries. Free bakery items, fruit and vegetable items when you purchase other grocery items.

Location: 500 Shellharbour Rd, Shellharbour

Opening Hours: Thursday: 10am-1pm and Friday: 10am-12pm

Hope Community Kitchen

Hope Community Kitchen is a confidential free dinner service that helps make life a little easier for local individuals doing it tough. Hot dinner served at 6:30pm Fridays.

Location: Senior Citizens Centre Allan Street Port Kembla

Opening Hours: Every Friday night 6:00pm - 8:30pm

NSW Government is helping your cost of living



We're making it easier to access
more than **70** NSW Government
rebates and savings



Introducing the Cost of Living service

The NSW Government is helping ease the cost of living with more than 70 NSW Government rebates and savings.

Here's how it works:

- 1 Search for 'Cost of Living' at **service.nsw.gov.au** and browse the rebates and savings available.
- 2 Use our Savings Finder to find savings relevant to you. Just click through six simple questions, and we'll give you a list of personalised savings.
- 3 Apply for rebates and savings.

If you need help you can visit a Service NSW centre, or call us on 13 77 88 between 7.00am and 7.00pm Monday to Friday (Sydney time).

You can also book an appointment online to see a Cost of Living Specialist.

Face to face appointment service

If you would like help in person, you can make an appointment with one of our friendly Cost of Living Specialists at selected Service NSW centres.

Appointments are free and we can help with assessing your eligibility and the application processes for your rebates and savings.

Need an Interpreter?

Our website can be viewed in over 50 languages. Choose your preferred language from the Service NSW home page from the bottom of your mobile device or from the top right-hand corner of the desktop view.

Free assistance in your language

Call Translating and Interpreting Services (TIS) on 13 14 50 and ask them to contact us on 13 77 88.



Driving

Free and Discounted Vehicle Registration

Registration discounts for toll users, pensioner concession card holders and apprentices.

Fair Go for Safe Drivers

Drivers with a good record could save 50% on their licence renewal fee.

Driver Knowledge Tests

Free for some learner drivers.

Motor Vehicle Transfer

DVA pensioners pay no stamp duty or transfer fee when transferring a motor vehicle rego.

FuelCheck

Find the cheapest fuel at service stations near you with our FuelCheck app or go online at fuelcheck.nsw.gov.au

Caravan and Camper Trailer Tax Reduction

Save 40% on registration costs for caravans and camper trailers.

Transport

Pensioner Travel Voucher

Vouchers for free and discounted travel for pensioners on NSW TrainLink Regional services.

Regional Travel Benefits

Savings on fares and unlimited travel for trips across the NSW TrainLink Regional network by train and coach.

Concessions For Apprentices/Trainees

Concessions are available to help with the cost of public transport.

Taxi Transport Subsidy Scheme

Support for people who can't use public transport because of a severe and permanent disability.

Opal Card Benefits

Discounts and capped fares on train, bus, ferry and light rail services on the Opal network.



Energy and water

Energy Switch

Helps you compare electricity and gas plans and switch providers.

Gas Rebate

Helps eligible households to pay their gas bills.

Pensioner Water Rebate

If you receive a pension, you may be able to save on your water bill.

Low Income Household Rebate

Helps eligible low income households to pay their energy bills.

Family Energy Rebate

Helps eligible families with dependent children to pay their energy bills.

Discounted Energy Efficient Lighting

You may be able to get a subsidy to have the cost of replacement LED bulbs and their installation, subsidised.

Home

Council Rate Rebate

Concessions are available to pensioners on their council rates.

Private Rental Assistance

You can apply for assistance to help you set up and maintain a tenancy in the private rental market, through Housing Pathways.

Rent Choice

Private rental subsidy that helps pay rent for up to 3 years.

First Home Buyers Assistance Scheme

Save on transfer duty when buying your first home.

First Home Owner Grant

If you're a first-home buyer and you're buying or building a new home, you may qualify for a grant.



Health

NSW Spectacles Program

Free glasses and optical aids.

Enable NSW

Provides equipment for eligible people in NSW who live with chronic health conditions or a disability.

Concession car parking fees at NSW public hospitals

Reduced fees when accessing public hospital car parking.

Medical Energy Rebate

Helps people with conditions affecting their body temperature pay energy bills.

Isolated Patients Travel and Accommodation Assistance Scheme

Helps cover expenses for patients who travel long distances for treatment.

Seniors

NSW Seniors Card and Senior Savers Card

Seniors can benefit from discounts and special offers at thousands of businesses across NSW.

Driving Benefits for Pensioners

Eligible pensioners don't have to pay vehicle registration fees, motor vehicle tax, licences, driving tests and more.

Making a Will

Eligible pensioners over 65 can prepare a Will with NSW Trustee & Guardian for free.

Power of Attorney

NSW Trustee & Guardian offers eligible pensioners over 65, free preparation of their Power of Attorney document.

Seniors Energy Rebate

\$200 electricity rebate for independent retirees over 65 who hold a Commonwealth Seniors Health Card.



Children

Active Kids

Two \$100 vouchers for school students to help cover the cost of sport, fitness and active recreation.

Creative Kids

\$100 voucher for school students to help cover the cost of creative and cultural activities.

School Student Transport Scheme

Eligible school students can get free or subsidised travel between home and school, on NSW public transport.

Assisted School Travel Program

Helps students with a disability to get to and from school.

Recreation

General Boat Driving Licence

To drive a vessel at more than 10 knots, you need a general boat driving licence. Pensioners are entitled to a 50% discount on the licence fee.

Recreational Fishing Fee Exemption

If you plan to go fishing, you may not have to pay the recreational fishing licence fee.

Companion Card

Companion Card holders receive a free ticket for their carer or companion when buying tickets at selected venues and facilities around NSW.

More savings

Revenue NSW Unclaimed Money

Search and claim online for money owed to you.

Smart and Skilled Subsidy

Prospective students may be able to get subsidised vocational training for selected courses.

Your Cost of Living appointment

Date: Time:

Location:

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Items to bring with you (if applicable)

- NSW Driver Licence or NSW Photo Card
- Pensioner Concession Card
- Health Care Card
- Veterans' Gold Card (DVA Health Card)
- Medicare card
- Electricity bill
- Gas bill
- Water bill
- BSB and Account Number
- Seniors Card
- Council Rates

Monday 11th April

CREATIVE KIDS

Calling all artists! Let your creative mind do the talking as you participate in an art class with Da Vinci Art Studio!

Programmed Activities:

Parachute People + Frisbee Golf
Additional Cost: \$14

Tuesday 12th April

PJ'S AND PANCAKES

Get ready for a day jam packed full of fun! Wear your favourite PJ's and enjoy some yummy pancakes at today's party!

Programmed Activities:

Design a Beachball + Tennis
Additional Cost: \$2

Wednesday 13th April

KICKING IT

Support your favourite sporting team today by wearing a jersey and participating in loads of fun sports! We'll even have a special visit from the NRL!

Programmed Activities:

Table Footy + Athletics

Thursday 14th April

HOPPY EASTER

Come along for an eggciting day as we celebrate Easter! We'll have Easter cooking, craft and lots more!

Programmed Activities:

Rainbow Chickens + Oz Tag

CLOSED

Friday 15th April

Good Friday

CLOSED

Monday 18th April

Easter Monday

Tuesday 19th April

GREEN GUARDIANS

Learn how to care for the environment, decorate your own biodegradable pot and plant your own seedling in a gardening workshop with Hort 4 Kidz!

Programmed Activities:

Recycled Art + Minor Games
Additional Cost: \$10

Wednesday 20th April

COLOUR RUN

Wear white and participate in Peak's annual colour run as we raise money for the Leukaemia Foundation! Gold coin donations will be accepted.

Programmed Activities:

Tie Dye Cushion + Basketball
Additional Cost: \$6

Thursday 21st April

RIDE ON OVER

Bring along your scooter, skateboard or anything on wheels and have fun skating the day away. No helmet, no ride.

Programmed Activities:

3D Bikes + Handball

Friday 22nd April

ROCKET MASTERCLASS

Design and build your very own rocket and launch your spacecraft into the sky in today's masterclass with Ranger Jamie!

Programmed Activities:

Candy Crush + Yulunga Games
Additional Cost: \$10

CLOSED

Monday 25th April

Anzac Day

Tuesday 26th April

KONNICHIWA JAPAN

Konnichiwa! Learn all about the Japanese culture through hands on and interactive cooking, craft and literature activities!

Programmed Activities:

Bento Boxes + Soccer

ENROLMENTS

Existing Enrolments

- Online bookings can be made 24 hours or more in advance via your Fully Booked registration portal, <https://peak.fullybookedccms.com.au/family/login>.
- Any bookings made within this timeframe will need to be made through our office via phone or email.

New Enrolments

- Enrol online at <https://peak.fullybookedccms.com.au/family/login>.
- Once you have completed the online enrolment form, our administration team will contact you to discuss your enrolment.

BOOKINGS AND CANCELLATIONS

Bookings

- Bookings made with more than 24 hours notice: Session fee applies.
- Bookings made with less than 24 hours notice: Session fee applies + \$5 late booking fee.

Cancellations

- Cancellations made with more than 24 hours notice: Session fee removed.
- Cancellations made with less than 24 hours notice: Session fee removed and \$6 cancellation fee applied.
- Cancellations made after 6:00pm the day prior: Full fee charged (less subsidies where eligible).

ON THE DAY OF CARE

Where to find us

- Located in the school hall at Warilla Public School.

What to pack

- Lunch, hat, labelled drink bottle and jumper. Please ensure your child is wearing enclosed shoes.

What we provide

- Breakfast, morning tea and afternoon tea.

Permission for Attendance Days

- Authorised contacts will be required to sign a consent form on all excursion and in service activity days when signing your child in at the centre.



Mental Health Services and Support

Beyond Blue

24/7 mental health support service

1300 22 4636
beyondblue.org.au

headspace

Online support and counselling to young people aged 12 to 25

1800 650 890 (9am-1am daily)
For webchat, visit: headspace.org.au/eheadspace

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800
kidshelpline.com.au

1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732
1800respect.org.au

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
lifeline.org.au

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467
suicidecallbackservice.org.au

Mensline

24/7 counselling service for men

1300 78 99 78
mensline.org.au

QLife

LGBTI peer support and referral

1800 184 527 (6pm-10pm daily)
qlife.org.au (online chat 3pm-12am daily)

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.



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