



Education
Public Schools

Lake Illawarra South Public School

Newsletter

Term 4 Week 8: Monday 22 NOVEMBER 2021

CALENDAR

NOVEMBER

- 22 Stage 3 Anti-Bullying Talk
- 23 Kinder 2022 Orientation Session 3
- 24 Kinder 2022 Orientation Session 4
Stage 3 ASPIRE Leadership Day
- 25 Kinder 2022 Orientation Session 5
- 29 Kinder Gymnastics Program
commences

DECEMBER

- 08 AECG Meeting

We thank you for your support with school pick-up whilst we maintain our cohorting of students under the current guidelines. The wet weather has challenged us over the last couple of weeks; however, we are managing to dismiss students safely and orderly with your assistance. Please ensure your child has a raincoat or umbrella in their bag to use on wet weather days.

Karen Simula
Principal

CONTACT

Lake Illawarra South Public School

119-129 Reddall Parade
LAKE ILLAWARRA NSW 2528

Phone: 4295 1924
Fax: 4297 2803
Email: lakeillaws-p.school@det.nsw.edu.au
Web: www.lakeillaws-p.schools.nsw.edu.au

STAFFING UPDATE

Zoe Smith has been appointed as a full-time Assistant Principal Curriculum & Instruction. Mrs Smith commences in her new role at the beginning of Term One 2022. I am sure the school community will join the staff in congratulating Mrs Smith on her new role within the school.

Last week, the school farewelled Aunty Jodi and welcomed Aunty Anna. We are looking forward to working with Aunty Anna for the remainder of 2021.

PRINCIPAL'S MESSAGE

It continues to be a busy time at Lake Illawarra South Public School as planning for end of year events and the 2022 school year continues. Students are busily engaged in their learning and it is wonderful to see them settling into regular learning routines.

Last week was challenging for both students and staff as there was a major disruption to our electricity, phone and Internet connection. All services have now been re-established and hardware upgrades have been completed.

REMEMBRANCE DAY

A short commemoration was held on Thursday 11 November to signify Remembrance Day. During the commemoration, the significance of Remembrance Day was explained to students and the importance of understanding the impact that conflict has had on so many lives across the world. One minute of silence was also observed. Well done to our school leaders who led this service.

2022 PLANNING

The school is beginning to plan for 2022 class structures. This requires a clear understanding of the number of anticipated students. If your child is relocating to another school in 2022, please contact the school as soon as possible so it can be noted. It is crucial that this information is provided, as it directly impacts the number of classes which can be formed and therefore the number of staff required.

ANTI-BULLYING TALK

The Police Youth Liaison Officer, Senior Constable Godden spoke with our Stage 3 students today about anti-bullying strategies. The students were engaged and had lots of ideas to share.

KINDERGARTEN ORIENTATION

We are pleased the NSW Department of Education has announced Kindergarten Orientation activities can now take place. These sessions commenced last week and will continue throughout this week. These sessions are invaluable in assisting children in familiarising themselves with the school environment.

YEAR 6 TO 7 TRANSITION

We are awaiting advice from our partner high schools about how they will proceed with the transition process. As you would be aware, high schools are facing extreme complexities with cohorting and juggling the HSC at this late stage in the year.

END OF YEAR CELEBRATIONS

All activities and events such as excursions and the Year Six Farewell must comply with the current Public Health Orders that relate to what vaccinated and unvaccinated people can do in the community as well as any COVID-safe requirements in place for individual venues.

Unlike events and activities on school sites, external venues have vaccination requirements that affect students. In some venues, unvaccinated children under 16 years of age must be accompanied by a fully vaccinated adult from their household.

Unfortunately, this means that the planned Year Six Farewell at Warilla Bowls will now need to be held at school. The Stage 3 teachers are working

together to organise a special evening for our students in the school hall.

The Stage 3 Jamberoo excursion has also been cancelled due to Department of Education requirements that schools attending offsite excursions are required to have sole access to indoor venues and this includes Jamberoo.

The staff is currently planning a special end of year activity on school grounds.

SCHOOL REPORTS

In line with advice from the NSW Department of Education, our school reports for Semester 2 will be adjusted to cater for students learning at home and at school. Teacher comments will focus on English and mathematics as well as learning that has taken place in other learning areas. It will also provide information about their commitment to learning and identify next steps in learning.

ATTENDANCE MATTERS

As part of our focus on lifting and maintaining high rates of student attendance, we look for patterns in absences, which allow us to identify areas for growth. One such pattern that is evident at Lake Illawarra South Public School, as in many schools, is lower rates of attendance on Mondays and Fridays.

There are important reasons why attendance at school every day is important, and Mondays and Fridays are no different. On Mondays new content is introduced, routines and rotations are set up for the week and formative assessment is conducted which informs groupings and individual student learning goals. On Fridays students engage in class assessments to measure progress and have the opportunity to reflect on their learning for the week, making important connections to what they need to learn next. Teachers design learning sequences for the whole week in order to maximise student achievement, which can be impacted when students are not present to access the learning sequence.

Students' confidence and ability to settle at school can also be affected, with greater levels of anxiety generally being present in students with lower rates of attendance. Students' ability to connect with their peers socially is also affected when they are absent from school. One of the best things about school, as we have learned recently, is the shared experiences of students with their teachers and

peers. Absences can result in a student feeling like they have 'missed out' and need to 'catch up'.

LIMITED ENTRY ON SITE

Parents and carers are to remain outside the school gates. The school is now using a new School Visitor Check-in system. This is linked to NSW Health's COVID-19 contact tracing, ensuring our school is compliant with the NSW COVID-19 mandate.

QR codes are now only displayed at the front office and preschool. QR codes are no longer displayed on the school gates.

For this reason, it is important that all parents and carers comply with restrictions and do not enter the school grounds at drop-off and pick-up times.

TELL THEM FROM ME

Lake Illawarra South Public School will again be involved in the Tell Them From Me surveys. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. The survey is completed online and is run by an independent research company, The Learning Bar which specialises in school-based surveys. Students in Years 4 to 6 will complete the survey at school in the coming weeks.

We are also asking for parents to complete the survey to capture their voice and to provide reliable data to guide school improvement. The Parent Survey can be completed at <http://nsw.tellthemfromme.com/sbk6f>

UNWELL STUDENTS

Students should not attend school if unwell, even with mild symptoms of COVID-19. Any person with any COVID-19 symptoms will be sent home and should not return to school until they have received a negative test result and are symptom-free.

In circumstances where children have other medical reasons for recurrent symptoms, a letter from their GP is sufficient to negate the requirement for a negative test.

Anyone who is unwell with COVID-19 symptoms is strongly encouraged to get tested and self-isolate until a negative result is received.

COVID-19

Keep yourself and your family safe and help to manage the spread of COVID-19 by

1. **Washing your hands** regularly and thoroughly.
2. **Sneezing and coughing** into your elbow or a tissue, disposing of the tissue straight away and then washing your hands.
3. **Staying home** if you are unwell.



Where to get help

Contact the school if you are concerned about your child's wellbeing to discuss the most appropriate support. Support is also available through a number of agencies and community organisations. Parents and carers can

- call the National Coronavirus Health Information Line (1800 020 080)
- review the NSW Health COVID-19 website for the latest information and advice
- obtain help and information from your local General Practitioner or Community Health Centre



SCHOOL CANTEEN MENU

BREAKFAST ITEMS

ONLY AVAILABLE BEFORE SCHOOL

<u>Slice of Toast + vegemite or jam</u>	50c
<u>Cheese Toastie</u>	<u>\$1.00</u>
<u>Hash Brown</u>	<u>\$1.00</u>
<u>Hot Chocolate</u>	<u>\$1.50</u>

GF

HEALTHY SALADS

<u>Garden and Cheese Salad</u>	GF	<u>\$4.50</u>
<u>Greek Salad</u>		<u>\$4.50</u>
<u>Caesar Salad</u>		<u>\$4.50</u>
<u>ADD Chicken, Ham, Tuna or Salmon</u>		<u>\$1.00</u>

HEALTHY SNACKS & FRUIT & VEGETABLES

<u>Popcorn</u>	GF	50c
<u>Crackers & Cheese</u>	HM	50c
<u>Custard and Jelly</u>		50c
<u>Banana Bread</u>	HM	<u>\$1.00</u>
<u>Homemade Brownie</u>	HM	<u>\$1.00</u>
<u>Homemade Blueberry Muffin</u>	HM	<u>\$1.00</u>
<u>Grain Waves Chips</u>		<u>\$1.00</u>
<u>Fresh Fruit Cup</u>	GF	<u>\$1.50</u>

HOT FOOD

<u>Garlic Bread</u>	HM	<u>\$2.00</u>
<u>Cheesy Pasta</u>	HM	<u>\$2.50</u>
<u>Chicken Sticks 5pcs</u>		<u>\$3.00</u>
<u>Sausage Roll</u>		<u>\$3.00</u>
<u>Beef Nachos</u>	HM	<u>\$4.00</u>
<u>Chicken Burger lettuce & mayo</u>		<u>\$4.50</u>
<u>Quiche + Side Salad</u>	HM	<u>\$4.50</u>

Tomato/BBQ Sauce

30c

HM= ALL UNDERLINED FOOD ARE

HOMEMADE

FRESH ON THE PREMISES

SANDWICHES

<u>Vegemite</u>	<u>\$1.50</u>
<u>Cheese</u>	<u>\$2.00</u>
<u>Egg</u>	<u>\$2.50</u>
<u>Egg & Lettuce</u>	<u>\$3.00</u>
<u>Ham & Cheese</u>	<u>\$3.00</u>
<u>Ham Cheese & Tomato</u>	<u>\$3.00</u>

ADD 50c FOR TOASTING

WRAPS or ROLLS

<u>Cheese Salad</u>	<u>\$4.50</u>
<u>Chicken Lettuce & Mayo</u>	<u>\$4.50</u>
<u>Ham & Salad</u>	<u>\$5.00</u>
<u>Chicken & Salad</u>	<u>\$5.00</u>
<u>Egg & Salad</u>	<u>\$5.00</u>
<u>Sweet Chilli Chicken + Salad Wrap</u>	<u>\$5.00</u>

DRINKS

<u>Juice Popper</u>	<u>\$1.50</u>
<u>Water 600ml</u>	<u>\$1.50</u>
<u>Flavoured Milk Choc or Strawberry</u>	<u>\$2.00</u>
<u>Juice - Apple, ABC or Orange Pash</u>	<u>\$2.00</u>
<u>Up n Go - Vanilla, Chocolate</u>	<u>\$2.00</u>
<u>Hot Chocolate</u>	<u>\$1.50</u>

FROZEN TREATS

<u>Quelch Fruit Sticks</u>	50c
<u>Frozen Juice or Milk Pops</u>	50c
<u>Frozen Juice Cup - ABC</u>	<u>\$1.00</u>
<u>Frozen Juice Cup - Orange</u>	<u>\$1.00</u>
<u>Paddle Pop - Rainbow / Chocolate</u>	<u>\$1.50</u>

GF = GLUTEN FREE

SPECIAL REQUESTS INVITED

LUNCH ORDERS TAKEN BEFORE SCHOOL

STAFF REQUESTS INVITED

PRICES SUBJECT TO CHANGE



CIRCLE OF SECURITY™

Free 4 Week Parenting Program

A 4 week relationship based parenting program for parents and carers of children aged 0 to 8 years. The course focuses on how parent/child relationships can be strengthened, by providing strategies for helping caregivers become more attuned and responsive to their young children's emotional needs.

Southern Youth and Family Services invites you to **learn new ways to understand your child's needs and behaviour** and to **learn unique and effective ways to respond to these needs and behaviours.**

COS Registered

Parent Educator:

Kristin Nisbet

Sessions:

Wednesdays 5.30- 8.00pm

24th November, 1st, 8th & 15th December 2021

Cost:

Free

Location:

33 Pioneer Drive Oak Flats, NSW, 2529

RSVP:

Wednesday 24th November 2021

Contact:

Kristin (0409306534)

****Participants must be fully vaccinated.**



**Southern Youth and
Family Services**

Getting a Leg Up

SUCCESSFUL TRANSITIONS
FOR NEURODIVERSE AND
AUTISTIC STUDENTS

**SATURDAY
4TH DEC
12PM-3PM
AEDT**

COST:

**\$50 - PARENTS/CARERS
\$75 - PROFESSIONALS**

About the Workshop:

- This workshop will explore the current information on successful transitions and inclusive education for neurodiverse and autistic students.
- Participants will gain an understanding of the ways that teachers and parents can work together to support neurodiverse and autistic students as they navigate transitions from one school year to the next.
- Participants will learn strategies they can use to help between home and school environments, different school years and settings, and between activities and classes within the school day.
- Participants will gain specific knowledge and resources related to conducting transitions assessments and using key strategies to decrease anxiety and support students' self-determination in transitions.

Any Enquiries can be directed to
adminmylifemydecisions.org



Associate Professor **AMANDA WEBSTER**

Dr Webster has worked for over 30 years with individuals on the autism spectrum and their families in school, home and community settings as a teacher, school leader and certified behaviour analyst. Dr. Webster is currently the Coordinator for the Autism postgraduate programs at UOW. She is a researcher on the Australian Cooperative Research Centre for Autism and has recently authored a book on empowering parents of children on the autism spectrum. She is passionate about supporting the self-determination and self-efficacy of individuals on the autism spectrum through teaching and learning.

THIS WORKSHOP IS USEFUL FOR PARENTS,
TEACHERS, THERAPISTS AND PROFESSIONALS
WORKING WITH NEURODIVERSE AND AUTISTIC
SCHOOL-AGED

TO REGISTER:

[HTTPS://WWW.EVENTBRIT
E.COM/AU/E/GETTING-A-
LEG-UP-SUCCESSFUL-
TRANSITIONS-FOR-
NEURODIVERSEAUTISTIC-
STUDENT-TICKETS-
210473390577](https://www.eventbrite.com.au/e/getting-a-leg-up-successful-transitions-for-neurodiverse-autistic-student-tickets-210473390577)

