



Lake Illawarra South Public School

Newsletter

Term 4 Week 6: Monday 08 NOVEMBER 2021

CALENDAR

NOVEMBER

- 11 Remembrance Day Service
- 16 Kinder 2022 Orientation Session 1
- 18 AECG Meeting
- 19 2022 Student Placement Requests due
- 19 Kinder 2022 Orientation Session 2
- 23 Kinder 2022 Orientation Session 3
- 24 Kinder 2022 Orientation Session 4
- 25 Kinder 2022 Orientation Session 5

CONTACT

Lake Illawarra South Public School

119-129 Reddall Parade
LAKE ILLAWARRA NSW 2528

Phone: 4295 1924
Fax: 4297 2803
Email: lakeillaws-p.school@det.nsw.edu.au
Web: www.lakeillaws-p.schools.nsw.edu.au

PRINCIPAL'S MESSAGE

Our students should be congratulated for the way they have returned to school. Our staff effectively planned for the return, prioritising the wellbeing of our students while re-establishing strong routines and learning structures. Thank you to all parents and carers who have supported the school staff in complying with the staggered student exit each afternoon.

In this ever-changing COVID climate, we adjust our school procedures and activities when advised by the Department of Education. We are responsible

for looking after our students who are mostly unvaccinated, which means our guidelines are tighter than the current community rules. As our guidelines change, we will communicate this with you via our usual channels.

Lake Illawarra South, along with all other schools in NSW, has moved to Level 3 restrictions for the remainder of Term 4. A copy of the Department of Education's Term 4 Roadmap is attached to the end of this newsletter.

Karen Simula
Principal

EXTERNAL VALIDATION

The school completed External Validation on 28th October. The external validation panel validated the school's on-balance judgements against the Domains in the School Excellence Framework. We are very pleased with the results which reflect the school's work over the last three years.

Learning Culture: Sustaining and Growing

Wellbeing: Excelling

Curriculum: Sustaining and Growing

Assessment: Sustaining and Growing

Reporting: Delivering

Student Performance Measures: Delivering

Effective Classroom Practice: Delivering

Data Skills and Use: Delivering

Professional Standards: Delivering

Learning & Development: Sustaining and Growing

Educational Leadership: Sustaining and Growing

School Planning, Implementation & Reporting:

Sustaining and Growing

School Resources: Sustaining and Growing

Management Practices & Processes: Sustaining and Growing

2022 PLANNING

The school is beginning to plan for 2022 class structures. This requires a clear understanding of the number of anticipated students. If your child is relocating to another school in 2022, please contact the school as soon as possible so it can be noted. It is crucial that this information is provided, as it directly impacts the number of classes which can be formed and therefore the number of staff required.

CHECK-IN ASSESSMENTS

Last week, students in Years 3 to 6 completed the Check-in Assessments. The check-in assessments supplement existing school practices to identify how students are performing in literacy and numeracy and to assist teachers to tailor their teaching more specifically to student needs.

COVID PROCEDURES

As parents and carers would be aware, there have been some recent positive cases of COVID affecting local schools in our area. Should the school be informed of a positive COVID case on site there are procedures in place for management of the situation. All communications in cases like this are verified, confirmed and supported by NSW Health. It is important to note, that until everything is confirmed by NSW Health, the school cannot say or do anything.

All communication from NSW Health must be through an email address. We cannot SMS or communicate in any other way. Therefore, it is imperative that you update, provide, or verify an email address with us as soon as possible, if your email address has changed. Email addresses are supplied to the school through the student's enrolment form or if a parent notifies us.

The school has, is and always will, work hard for the safety of the students, teachers, and the community. We thank you for your ongoing support.

ATTENDANCE

All students should be at school unless they:

- have a medical certificate which states they can't return to school due to a condition or illness
- are currently unwell
- have been asked by NSW Health to self-isolate.

At all times, please continue to:

- closely monitor for symptoms for COVID-19 and immediately get tested should you have the mildest of symptoms, regardless of where you live or attend school. If you get tested for COVID-19 because you have symptoms or if you have been directed by NSW Health to do so, you must isolate at home until receiving your test result.
- for updated lists of case locations refer to <https://www.nsw.gov.au/covid-19/latest-news-and-updates>

STAGGERED EXIT

To reduce student mingling, the following plan is in place from today.

- Students whose surname begins with letters A through L exit from the Reddall Parade exit.
- Students whose surname begins with letters M through Z exit from the Pur Pur Avenue exit.

Cohort Exit Times

2.25pm - Kindergarten

2.30pm - 1/20 & 1/2S

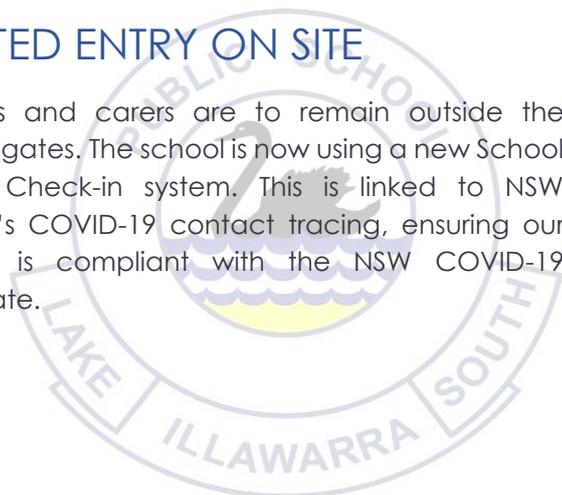
2.35pm - 3/4B, 3/4O & Djamalang

2.40pm - 4/5I, 5/6C & 5/6G

To assist with a staggered entry to school, we ask that students also use their allocated gate for arrival at school.

LIMITED ENTRY ON SITE

Parents and carers are to remain outside the school gates. The school is now using a new School Visitor Check-in system. This is linked to NSW Health's COVID-19 contact tracing, ensuring our school is compliant with the NSW COVID-19 mandate.



QR codes are now only displayed at the front office and preschool. QR codes are no longer displayed on the school gates.

For this reason, it is important that all parents and carers comply with restrictions and do not enter the school grounds at drop-off and pick-up times.

SCHOOL ZONE SAFETY

Many of our students walk home in the afternoon. For the safety of everyone, we ask parents and carers to please remind children of these points when crossing the road:

- **STOP** back from the kerb
- **LOOK** in all directions
- **LISTEN** for traffic
- **THINK** about when it is safe to cross

Please encourage your child to use the crossings located on Reddall Parade and Pur Pur Avenue. Crossing the road between parked cars is not recommended for children. The potential for danger of being hit by a car whilst crossing between parked cars is enormous. Drivers cannot always see pedestrians (particularly small children) waiting to cross the road.

Double parking is unfortunately also a problem that places the lives of our students at unnecessary risk. Double-parked vehicles are visual obstructions for young children trying to cross to the other side of the road. They also place children getting in or out of the car at risk, as they must venture to the middle of the road to do so. Please refrain from double parking around our school and use the other safer parking options available to you. Please also avoid dangerous manoeuvres such as U-turns and three-point turns.

PLACEMENT OF STUDENTS 2022

The staff of Lake Illawarra South Public School collaboratively work together to make decisions about the placement of students in their next year's group. During this time, many varied considerations are taken into account to ensure the best mix for each class. If you have a particular request for placement of your child or children based on a significant learning need, it is asked that you submit a letter to Mrs Simula (marked Confidential) at the office by 2.40pm Friday 19th

November. Please note that requests for particular teachers, although flattering are not appropriate. All requests must be submitted to the office only, please include your child's name, current class, request and reason for request. Requests will be for the year 2022 only.

All requests will be considered but there is no guarantee that requests can be met, as there are many contributing factors in preparing class lists.

Please note that teachers do move class/placement at times, including staff currently on RFF and specialised programs.

The school is not able to ensure that your child will have the same teacher for the entire year because of staffing constraints and personal factors relating to individual teachers.

Please be reassured that all classes are structured to provide the best possible outcomes for students both academically and socially. Decisions about student placement are made using a wide range of information gathered throughout the year.

Requests will not be considered at the beginning of Term 1 in the following year unless the principal considers there are mitigating circumstances. Generally, class structures cannot be finalised until the total school enrolments are known in the following year. It is with professionalism that staff consider class structures, which are formed in the best interests of all students and the school.

TELL THEM FROM ME

Lake Illawarra South Public School will again be involved in the Tell Them From Me surveys. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. The survey is completed online and is run by an independent research company, The Learning Bar which specialises in school-based surveys. Students in Years 4 to 6 will complete the survey at school in the coming weeks.

We are also asking for parents to complete the survey to capture their voice and to provide

reliable data to guide school improvement.
The Parent Survey can be completed at <http://nsw.tellthemfromme.com/sbk6f>

LIBRARY NEWS

Overdue notices were sent home late last week. Please return any overdue books as soon as possible.

UNWELL STUDENTS

Students should not attend school if unwell, even with mild symptoms of COVID-19. Any person with any COVID-19 symptoms will be sent home and should not return to school until they have received a negative test result and are symptom-free.

In circumstances where children have other medical reasons for recurrent symptoms, a letter from their GP is sufficient to negate the requirement for a negative test.

Anyone who is unwell with COVID-19 symptoms is strongly encouraged to get tested and self-isolate until a negative result is received.

CHAPLAIN NEWS

Our chaplain, Miss Elise, is on site each Monday and Tuesday to support students and their families with their wellbeing. If you would like your child to connect with Miss Elise, please contact your child's class teacher.

WONDER RECYCLING REWARDS

The Wonder Recycling Program has now concluded. Thank you to the many families who sent in bread bags and tags for recycling. The school was able to recycle over 20kg of plastic during the program.

COVID-19

Keep yourself and your family safe and help to manage the spread of COVID-19 by

1. **Washing your hands** regularly and thoroughly.
2. **Sneezing and coughing** into your elbow or a tissue, disposing of the tissue straight away and then washing your hands.
3. **Staying home** if you are unwell.



Where to get help

Contact the school if you are concerned about your child's wellbeing to discuss the most appropriate support. Support is also available through a number of agencies and community organisations. Parents and carers can

- call the National Coronavirus Health Information Line (1800 020 080)
- review the NSW Health COVID-19 website for the latest information and advice
- obtain help and information from your local General Practitioner or Community Health Centre



Term 4 roadmap

From 8 November

- All schools will operate on updated Level 3 settings for the rest of Term 4.
- School sports allowed
 - Inter-school sports allowed outside of school hours
 - Assemblies and presentations allowed outdoors on-site
 - Excursions allowed outdoors
 - Dancing and some music classes allowed
 - Fully vaccinated visitors allowed on site to support curriculum delivery, wellbeing programs and school operations
 - Community use allowed (including P&C meetings)

From Term 1 2022

We can look forward to more freedoms as schools return in 2022.

Keeping us all safe

A combination of layered safety measures allow us to prioritise student and staff wellness while we keep schools open.

Stay home if unwell

- Do not attend or participate if unwell, even with mild symptoms.



Vaccinations required

- All adults must be fully vaccinated.



Always check in

- All staff and visitors must check in when attending a school site or gathering.



Wear masks indoors

- Masks are required indoors for all staff, visitors and students in Year 7 or above, and strongly recommended indoors for primary students.
- You can take your mask off when eating or exercising.



Physically distance

- Maintain 1.5 metres physical distancing wherever practicable.



Maximise ventilation

- Activities and events should be held outdoors where practicable.
- Indoor spaces will be well ventilated and as large as possible for the number of attendees.



Stick to your cohorts

- Avoid mingling with other groups when moving around the school.



SCHOOL CANTEEN MENU

BREAKFAST ITEMS

ONLY AVAILABLE BEFORE SCHOOL

<u>Slice of Toast + vegemite or jam</u>	50c
<u>Cheese Toastie</u>	\$1.00
<u>Hash Brown</u>	\$1.00
<u>Hot Chocolate</u>	\$1.50

GF

HOT FOOD

<u>Garlic Bread</u>	HM	\$2.00
<u>Cheesy Pasta</u>	HM	\$2.50
<u>Chicken Sticks 5pcs</u>		\$3.00
<u>Sausage Roll</u>		\$3.00
<u>Beef Nachos</u>	HM	\$4.00
<u>Chicken Burger lettuce & mayo</u>		\$4.50
<u>Quiche + Side Salad</u>	HM	\$4.50

Tomato/BBQ Sauce

30c

HM= ALL UNDERLINED FOOD ARE

HOMEMADE

FRESH ON THE PREMISES

HEALTHY SALADS

<u>Garden and Cheese Salad</u>	GF	\$4.50
<u>Greek Salad</u>		\$4.50
<u>Caesar Salad</u>		\$4.50
<u>ADD Chicken, Ham, Tuna or Salmon</u>		\$1.00

HEALTHY SNACKS & FRUIT & VEGETABLES

<u>Popcorn</u>	GF	50c
<u>Crackers & Cheese</u>	HM	50c
<u>Custard and Jelly</u>		50c
<u>Banana Bread</u>	HM	\$1.00
<u>Homemade Brownie</u>	HM	\$1.00
<u>Homemade Blueberry Muffin</u>	HM	\$1.00
<u>Grain Waves Chips</u>		\$1.00
<u>Fresh Fruit Cup</u>	GF	\$1.50

SANDWICHES

<u>Vegemite</u>	\$1.50
<u>Cheese</u>	\$2.00
<u>Egg</u>	\$2.50
<u>Egg & Lettuce</u>	\$3.00
<u>Ham & Cheese</u>	\$3.00
<u>Ham Cheese & Tomato</u>	\$3.00

ADD 50c FOR TOASTING

WRAPS or ROLLS

<u>Cheese Salad</u>	\$4.50
<u>Chicken Lettuce & Mayo</u>	\$4.50
<u>Ham & Salad</u>	\$5.00
<u>Chicken & Salad</u>	\$5.00
<u>Egg & Salad</u>	\$5.00
<u>Sweet Chilli Chicken + Salad Wrap</u>	\$5.00

DRINKS

<u>Juice Popper</u>	\$1.50
<u>Water 600ml</u>	\$1.50
<u>Flavoured Milk Choc or Strawberry</u>	\$2.00
<u>Juice - Apple, ABC or Orange Pash</u>	\$2.00
<u>Up n Go - Vanilla, Chocolate</u>	\$2.00
<u>Hot Chocolate</u>	\$1.50

GF

FROZEN TREATS

<u>Quelch Fruit Sticks</u>	50c
<u>Frozen Juice or Milk Pops</u>	HM
<u>Frozen Juice Cup - ABC</u>	GF
<u>Frozen Juice Cup - Orange</u>	GF
<u>Paddle Pop - Rainbow / Chocolate</u>	\$1.50

GF = GLUTEN FREE

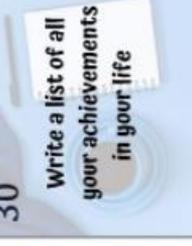
SPECIAL REQUESTS INVITED

LUNCH ORDERS TAKEN BEFORE SCHOOL

STAFF REQUESTS INVITED

PRICES SUBJECT TO CHANGE

30 Days of Notable November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Sharing stories, strategies & wisdom to inspire your teaching & enhance your life</p> <p>Teachers Matter BookClub</p> <p>WITH KAREN THU ROSE & KAREN GALLAGHER</p> <p>Coming soon</p>	<p>1 Go for a brisk walk in the fresh air</p>	<p>2 Light an aromatherapy candle and enjoy the aroma</p>	<p>3 Write a thank-you note for a special person in your life</p> <p>Teachers Matter BookClub</p>	<p>4 Buy yourself some flowers</p>	<p>5 Fresh Fruit Friday -add an extra piece of fruit into your lunch</p> 	<p>6 Cook your favourite meal and enjoy with someone special in your life</p>	
<p>7 Buy a gift for yourself</p>	<p>8 Book a massage, manicure or pedicure this week</p>	<p>9 Savour your favourite chocolate or sweet treat today</p> 	<p>10 Do something small that scares you today</p> <p>Teachers Matter BookClub</p>	<p>11 Be encouraging to your colleagues and friends</p> 	<p>12 Fresh Fruit Friday -add an extra piece of fruit into your lunch</p> 	<p>13 Blow up some balloons and give them away to a child</p> 	
<p>14 Sit in the sunshine and soak up the rays (and if not today as soon as you can)</p>	<p>15 Finish your day with focusing on your favourite things</p>	<p>16 Buy, download or borrow an inspiring book to read</p>	<p>17 Donate some items that you no longer use or need</p> <p>Teachers Matter BookClub</p>	<p>18 Write a list of your great qualities</p>	<p>19 Fresh Fruit Friday -add an extra piece of fruit into your lunch</p> 	<p>20 Take a bubble bath or pampering shower</p> 	
<p>21 Delete 3 apps off your phone that you don't need</p>	<p>22 Dance like no-one is watching</p> 	<p>23 Focus on what you are grateful for today</p>	<p>24 Ring, hug and/or spend time with the people you love</p> <p>Teachers Matter BookClub</p>	<p>25 Eat cake & enjoy</p> 	<p>26 Fresh Fruit Friday -add an extra piece of fruit into your lunch</p> 	<p>27 Watch a sunrise or sunset today</p> 	
<p>28 Plan your week, including some pamper and downtime - just for you</p>	<p>29 Turn your devices and screens off by 8pm</p> 	<p>30 Write a list of all your achievements in your life</p> 	<p>2022 Happy Healthy Teachers Matter Online Summit</p> <p>Karen & Meg's Happy Healthy Teachers Online Summit IS BACK!</p> <p>21-26th January 2022</p> <p>*New Speakers & New Topics</p> <p>www.happy-healthy-teachers.com</p>				<p>Gratitude Inspirations</p> <p>This tiny book is packed with gratitude and love, to inspire and remind you there is good in every day. You just have to look!</p> <p>A wonderful personal daily reminder of gratitude or a thank you gift for someone you appreciate. Get your copy/A today...</p> <p>www.spectrumeducation.com</p> 