

Lake Illawarra South Public School

Newsletter

Term Week 2: Monday 11 OCTOBER 2021

CALENDAR

OCT

- 11 Week 2 Learning From Home Packs available
- **18** Kinder and Year 1 students return Week 3 Learning From Home Packs available (Yrs 2 -6)
- 20 AECG AGM
- 25 Years 2 6 students return Canteen opens

The canteen is closed during Level 4 restrictions

CONTACT

Lake Illawarra South Public School

119-129 Reddall Parade LAKE ILLAWARRA NSW 2528

Phone: 4295 1924 Fax: 4297 2803 Email: lakeillaws-p.school@ det.nsw.edu.au Web: www.lakeillaws-p.schools.nsw.edu.au

PRINCIPAL'S MESSAGE

Welcome back to Term Four. We are all looking forward to students returning to the classroom and the return to some normalcy.

At this stage, Lake Illawarra South remains under Level 4 school restrictions. The Premier has announced changes to the staged return-toschool plan for children across the state. The dates for students returning to school (Level 3 plus restrictions) under COVID-safe conditions are as follows: 18 October – Kindergarten and Year 1 return

25 October - All other year groups return

This plan will proceed as long as community transmission and vaccination rate requirements have been met. Staff working on site are required to be fully vaccinated by 18 October. Mask wearing for primary students is strongly recommended for students returning to school.

This is very exciting but, as you can imagine, a lot of agile planning and management at our end to ensure a COVID-safe environment for us all. We are continuing to finalise rosters for the staggered pick up and a myriad of other operational measures we need to have in place to ensure compliance with the cohort-based staggered return to school. please continue to support us in this, remembering we are still operating with minimal staff on site.

- minimise unnecessary physical interaction between students on school grounds
- ensure that students learn and play only with those in their cohort, wherever possible
- minimise opportunities for transmission and enhance contact tracing
- minimise the potential for widespread infection across the school and wider school community
- enable learning to be delivered effectively via face-to-face and home-based learning

As we plan to welcome back our students, staff are also preparing Semester 2 student reports. These reports will reflect the remote learning period.

Karen Simula **Principal**

STAGE 3 CAMP

Due to the current COVID-19 school restrictions, the 2021 Stage 3 camp has been cancelled. Information regarding the cancellation and refund of payments was sent home last week. Please contact the school office as soon as possible to organise your refund.

SOUTHERN STARS

Information regarding the cancellation of Southern Stars for 2021 was sent home late last term. Please contact the school office to organise refund of payments made.

LEVEL THREE PLUS RESTRICTIONS

Under Level 3 Plus restrictions, there are a number of activities that are unable to proceed:

- assemblies
- excursions
- Scripture
- Sport (except in cohort groupings)
- Interschool activities
- School performances & concerts
- P&C activities
- Community events

SCHOOL VISITOR CHECK IN

A single School Visitor Check-in system for every school across the state is coming from 18 October.

The Department of Education has partnered with Service NSW to provide a streamlined, digital school sign-in system for visitors and contractors at every NSW government school.

Benefits of the new system include:

- Accelerating your check-ins to as fast as 20 seconds.
- Linked to NSW Health's COVID-19 contact tracing ensuring every school is compliant with the NSW <u>COVID-19 mandate.External link</u>
- Giving every school greater access to streamlined NSW Government services.

Watch our short <u>parent videoExternal link</u> to see how it works for parents or our <u>contractor</u> <u>videoExternal link</u>.

Who can use School Visitor check-in

 Visitors such as parents and carers, contractors, service providers and volunteers. Students or visitors under the age of 18 are not required to use School Visitor Check-in.

For more information visit School Visitor Check-in on the department website.

KINDERGARTEN 2022

If you have a child starting school in 2022 and are yet to complete the enrolment process, please do so as soon as possible.

You can enrol in the following ways:

- complete an <u>online enrolment form</u> if you live in our school local intake area
- email the school at <u>lakeillaws-</u> p.school@det.nsw.edu.au
- call the office on 4295 1924 to share your contact details and request an application.

We ask that you please pass this information on to friends and family who have a child starting school next year.

KINDERGARTEN ORIENTATION

We are hard at work planning our Kindergarten orientation and transition visits for later in the term. At this point, our transition plans must be flexible and responsive to COVID19 advice from the Department of Education and NSW Health. Detailed information will be sent out shortly to our Kindergarten 2022 families.

ASSISTANT PRINCIPAL – CURRICULUM & INSTRUCTION

The Assistant Principal Curriculum & Instruction advertisements have closed. The panel will meet in the coming days to shortlist candidates and conduct the interview process. We will advise the community as soon as possible of the successful candidate.

CANTEEN NEWS

The canteen will re-open on 25 October. Please be advised that before school over the counter sales, that is, breakfast items will not be available. An updated canteen menu will be distributed to families next week.

STUDENT WELLBEING

It is normal for people to be feeling and acting a bit differently during challenging times. We should all seek help from others when we feel down or vulnerable and children and young people should tell an adult if they are worried about a friend or themselves.

Please contact our school wellbeing team for further information or if you have concerns about your child. Please also let your children know that the School Chaplain and School Counsellor is available to support them if they wish.

Some children prefer to talk to someone they don't know about how they are feeling. Potential sources of free, anonymous and confidential support for your children include:

- Kids Helpline 1800 55 1800 kidshelpline.com.au
- Be You <u>https://beyou.edu.au/</u>
- Emerging Minds -<u>https://emergingminds.com.au/about/contac</u> <u>t-us/</u>
- Headspace 1800 650 890 <u>eheadspace.org.au</u>

PARENT WELLBEING

The NSW Department of Education has released a <u>Parent and Carers Toolkit</u>. This toolkit is a resource to support the mothers, fathers, carers and guardians that support us all and is available online or to download as a PDF. Click <u>here</u> for links to support the balance of working and learning from home.

UNWELL STUDENTS

Students should not attend school if unwell, even with mild symptoms of COVID-19. Any person with any COVID-19 symptoms will be sent home and should not return to school until they have received a negative test result and are symptom-free.

In circumstances where children have other medical reasons for recurrent symptoms, a letter from their GP is sufficient to negate the requirement for a negative test.

Anyone who is unwell with COVID-19 symptoms is strongly encouraged to get tested and self-isolate until a negative result is received.

COVID-19

Keep yourself and your family safe and help to manage the spread of COVID-19 by

- 1. Washing your hands regularly and thoroughly.
- 2. **Sneezing and coughing** into your elbow or a tissue, disposing of the tissue straight away and then washing your hands.
- 3. Staying home if you are unwell.



Where to get help

Contact the school if you are concerned about your child's wellbeing to discuss the most appropriate support. Support is also available through a number of agencies and community organisations. Parents and carers can

- call the National Coronavirus Health Information Line (1800 020 080)
- review the NSW Health COVID-19 website for the latest information and advice
- obtain help and information from your local General Practitioner or Community Health Centre





upcoming sessions

Parents, Carers, and Community Members in Illawarra Shoalhaven are invited to attend a free mental health education session in Term 4.









The sessions aim to:

 Strengthen your understanding of mental health and the warning signs for suicide and self-harm.

headspace

- Increase awareness of the impacts of COVID-19 on wellbeing.
- Strengthen your understanding and skills in how to have a conversation with your young person.
- Build awareness of local services and the various supports available.
- Strengthen relationships between local area mental health services, local schools, headspace centres and other community organisations.

Communicating with young people

Date: 10 November 2021 Time: 12 – 1:15pm AEDT Location: Online webinar Registration: https://bit.ly/3hE6aEB

Supporting young people impacted by COVID-19

Date: 24 November 2021 Time: 6 – 7:15pm AEDT Location: Online webinar Registration: https://bit.ly/3nDpgG4

For more information

Contact us at programsupport@headspace.org.au