



Friday 23rd April 2021

YEAR 3-6 INTERRELATE – GROWTH AND DEVELOPMENT PROGRAM FAMILY EVENING

Dear Parents and Carers,

Parents, carers and students in Years 3-6 are invited to attend a two-hour information session presented by *Interrelate* in Term 2. This evening complements the Growth and Development unit of work taught within the PDHPE syllabus. Both programs provide the opportunity to facilitate communication between parents and their children about topics such as human development and puberty. Students, along with their parents are encouraged to attend one or both of these sessions.

Date: Monday 24th May 2021

Location: Lake Illawarra South Public School, Library or Hall (venue will depend upon numbers)

Cost: Both sessions are free of charge

Session 1: *Where Did I Come From?*

Audience: Year 3 and 4 students and their parents/carers. Older students are welcome to attend at the discretion of their parents/carers.

Program focus: The male and female reproductive systems, foetal development and the birth process
Personal safety and protective behaviours

Time: 6:00 – 7:00pm

Session 2: *Preparing For Puberty*

Audience: Year 5 and 6 students and their parents/carers. Younger students are welcome to attend at the discretion of their parents/carers.

Program focus: Discuss the physical changes of puberty, emphasising that it can be different for everyone
Develop students' understanding of the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
Enhance awareness of children's personal safety and protective behaviours

Time: 7:15pm – 8:15pm

Any questions regarding the content of the program or suitability for your child should be directed to your child's class teacher.

All attendees will be required to adhere to COVID guidelines. This includes signing in using the school's QR code and observing social distancing guidelines.

Light refreshments will be provided on the evening. To assist with catering and venue preparation, please RSVP below.

Melissa Gibson Dean

Assistant Principal

Karen Simula

Principal

YEAR 3-6 INTERRELATE – FAMILY EVENING RSVP

Student name: _____ Class: _____

Please indicate the sessions you plan to attend:

Session 1: Where Did I Come From? (6:00 - 7:00pm)

Number of guests: _____

Session 2: Preparing For Puberty (7:15 – 8:15pm)

Number of guests: _____