LAKE ILLAWARRA HIGH SCHOOL CANTEEN MENU 2020

Hot Food

Meat Pie	$3.50
Potato Pie	$3.80
Sausage Roll	$2.70
Flame Grill Chicken Burger	$4.00
Chicken Burger	$3.80
Mac Cheese	$4.00
Beef Lasagne	$4.00
Garlic Bread	$2.00
Pasta (Pasta, spag sauce, cheese)	$4.00
Pasta Carbonara w/ham	$4.00
Egg and Ham Roll	$4.00

Salad Bowls

BBQ Chicken Salad	$4.00
Ham Salad	$4.00
Salad w/cheese	$3.50

Toasties

Cheese	$2.00
Ham and Cheese	$2.50
Cheese and Tomato	$2.20

Sandwiches

Salad	$4.00
Egg, Lettuce, Mayo	$3.70
Chicken Salad	$4.00
Ham Salad	$4.00

Rolls/Wraps

Salad Roll/Wrap	$4.00
Chicken Salad Roll/Wrap	$4.00
Ham Salad Roll/Wrap	$4.00
Egg, Lettuce, Mayo Roll/Wrap	$4.00

Snacks

Grain Waves	$1.10
Red Rock Deli Sea Salt Chips	$1.10
Fruit Salad Cup	$3.50
Jelly Cups (sugar free)	$2.00
Yoghurts	$3.00
Custard Cup	$2.00
Custard with Fruit Cup	$2.50
Yoghurt with Fruit Cup	$2.50
Sauce	$0.30

Drinks

Plain Milk 600ml	$2.00
Flavoured Milk 300ml	$2.30
Choc/Strawberry	
Up n Go 250ml	$2.20
Choc/Strawberry/Vanilla	
Golden Circle Juice Popper	$1.50
Apple/Tropical	
Bottled Water	$2.00

Ice Blocks

Frozen Fruit Cups	$1.00
Quelch Sticks	$0.70
Apple/Blackcurrant/Rasp/Straw	
Hot Chocolate	$2.00

Lake Illawarra South PS

Hand in orders to front office by 9am